

Mountaineer

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July 26, 2002



INSIDE THE MOUNTAINEER

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Blood Drive Tuesday

Post Physical Fitness Center, 9 a.m. to 1 p.m.



Alternate site: Garcia Physical Fitness Center.

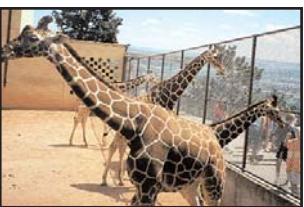
Feature



Members of the Colorado Springs and Fort Carson community enjoy breakfast in the streets.

See Page 18 and 19.

Happenings



Visitors feed some of the giraffes at the Cheyenne Mountain Zoo. The zoo's herd of 30 includes several young giraffes.

See Page 27.

Pikes Peak or Bust Rodeo Parade

The annual rodeo parade is Aug. 3, beginning at 10 a.m. The parade runs along Nevada Avenue and Tejon Street and features horses, marching bands and floats.

Keep Fort Carson secure:

Watch your surroundings, report suspicious activity

by Spc. Jon Christoffersen
Mountaineer staff

Military installations worldwide increased their security measures in response to Sept. 11.

Soldiers and civilians shouldn't leave the responsibility of their personal safety solely in the hands of military police, according to Special Agent in Charge David J. Soldano, of the Fort Carson Criminal Investigation command. Instead, people should take a more active role in protecting themselves and their families from terrorists.

According to Soldano, when witnessing something suspicious, individuals should do a modified version of an Army SALUTE report.

SALUTE stands for Size: how many people; Activity: what those people are doing; Location: where the people are conducting the activities; Uniform: description of people, i.e. gender, clothing, color, etc.; Time and date of activities, and Equipment: do the people have cameras, binoculars, etc., description of vehicle if applicable.

The modified version for witnessing

suspicious activities on or around Fort Carson is the SALUTE A report, with the A standing for Actions Taken, calling the MP Desk.

"People should look for any type of surveillance of the installation by anyone other than a military member performing official business," Soldano said. "If you witness something suspicious, take the time to go through a SALUTE report in your head and report it."

"If people see something that looks suspicious, they need to report it," Soldano said. "Even if the person think they're 'wasting our time,' it's better that we run down someone who's not doing something wrong than it is to have something bad happen."

"People need to be aware of vehicles that can carry a large amount of anything," he said. "If you see these types of vehicles acting suspiciously, call the MP desk."

"We all need to make sure (Fort Carson's) posture is appropriate to the current threat level."

To report suspicious activity, call the MP desk at 526-2333.



Photo by Spc. Jon Christoffersen

Everyone should be aware of people surveying the installation.

Registration information for upcoming school year

Courtesy of School Liaison Office

To register children for school, parents or guardians will need the following documents: birth certificate and previous school records, immunization records, social security number, address verification and proof of guardianship.

District 2

School begins Aug. 19. Registration is at the central office for new students until today then at the

neighborhood school. For information, call 579-2000.

District 3

School begins Aug. 21. Registration for elementary students is at their school Aug. 12 from 8 a.m. to 2 p.m. Junior and high students Aug. 13 and 14 at their school. For information, call 391-3000.

District 8

School begins Aug. 12 (kindergarten Aug. 14). Registration is July 31 to Aug. 2 from 8:30 to 11 a.m. and 1 to 3 p.m. For more

information, call 382-1300.

District 11

School begins Aug. 20. Registration is until July 31 at the administration building. For more information, call 520-2000.

District 12

School begins Aug. 15 for junior/senior high school students and Aug. 29 for elementary students. Registration for elementary students is anytime at the administration building; secondary students after Aug. 1 at the school.

District 20

School begins Aug. 21 for junior/senior high school students and Aug. 29 for elementary students. Registration is anytime at the administration building. For information, call 598-2566.

District 49

School begins Aug. 6. Contact the administration building for registration dates. For information, call 520-2000.



Photo by Spc. Roy Gomez

Sarge boxes with WCAP ...

Tony "The Sarge" Schumaker, right, helps out the World Class Athlete boxers during their training. He visited Fort Carson July 17 prior to his race at Baudimere Speedway west of Denver for the MOPAR Parts Mile-High National Hot Rod Association Nationals. Schumaker spent the day with soldiers doing physical training and observing a tank exercise.

Army Knowledge Management enters next phase

Commentary by Lt. Gen. Peter Cuvillo

Army News Service

WASHINGTON — The Army is currently undergoing its most fundamental change in more than a century, while still being fully dedicated to winning the Global War on Terrorism.

In August 2001, Secretary of the Army Thomas White and Army Chief of Staff Gen. Eric K. Shinseki issued the first Army Knowledge Management memorandum. AKM is our comprehensive strategy to transform the Army into a network-centric, knowledge-based force. It consists of a robust set of goals and objectives that, once achieved, will improve the decision dominance of our tactical commanders and business stewards. In the 10 months since the Army issued this first memorandum, the service has accomplished much in achieving the goals.

For instance, the Army now has one enterprise portal (www.us.army.mil) providing universal access to Army knowledge. In May, the 1 millionth AKO user signed on. The Army is also reducing the number of servers and is streamlining or eliminating many applications. These applications are being placed on the World Wide Web, but behind the secure AKO portal. With the emergence of the Network Enterprise and Technology Command, we

are establishing a single authority to operate, manage and defend the Army's infrastructure at the enterprise level.

Last month, the secretary and the chief issued the second guidance memorandum for Army Knowledge Management. It is clear evidence we're taking our transformation efforts seriously and moving forward in achieving our transformation goals.

The new memorandum, for which I, as the chief Information Officer/G-6, am issuing implementing guidance, calls for additional computer-server consolidation. It sets a new goal for reducing, by half, the number of Army Web applications and ensures those remaining applications are linked to AKO. By reducing this so-called information technology "footprint," the money we save can be re-invested in high priority IT programs/systems or requirements.

Our initial focus is to have the directors of Information Management, or DOIMs, consolidate servers within posts, camps and stations at minimal cost. Besides the economies and efficiencies we can obtain from reducing that IT footprint, we also realize savings by using enterprise contracts. Further, we will be decreasing system administration, operations and maintenance costs. Servers will be consolidated within several server farms on each installation, as local DOIMs determine.

The memorandum identifies several new focus areas within the AKM initiative that support the overall objectives of AKM and Army Transformation.

These include information security, the DOD Business Initiatives Council and the AKO Configuration Control Board.

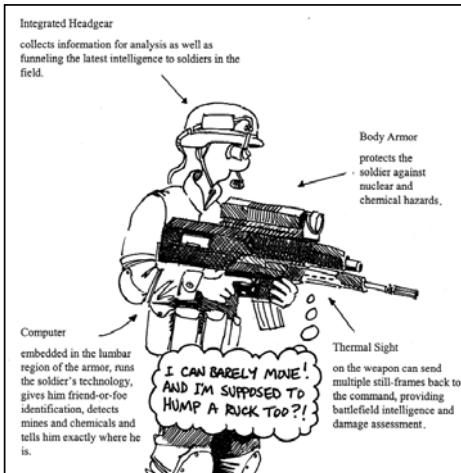
Within the DOD Business Initiative Council arena, for instance, the Army keeps any savings from its process changes. This will foster creative ideas and enable funding of some tightly constrained information-technology budget items.

These changes are impacting the Army's transformation effort on both the operational and institutional sides of the Army. The results are so apparent and beneficial to the Army that senior leadership stated, "...we need to speed progress and show even more tangible results."

Our secretary and chief of staff strongly believe leadership and trust are at the heart of Army Knowledge Management. That's why we challenge leaders and soldiers at all levels to do their part in carrying out this new guidance so we can ensure the Army truly is a network-centric, knowledge-based force, second to none in the world.

Editor's note: Lt. Gen. Peter Cuvillo is the Army's chief information officer/G-6.

Pvt.
Murphy
Mark
Baker



LETTERS TO THE EDITOR

The Mountaineer invites readers to write letters to the editor in response to stories in the *Mountaineer* or events that affect the entire Mountain Post Team.

Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and named will be withheld upon

request. Anonymous letters will not be considered.

Letters should be no longer than 200 words in length. The *Mountaineer* reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regulations and AR360-81,

under which the *Mountaineer* is published, no letters concerning local or national political issues will be published.

Publication of any letters will also conform to all appropriate Department of Defense and U.S. Army regulations. Letters may be sent to: Letters to the Editor, The *Mountaineer*, 1550 Specker Ave., Fort Carson, CO 80913 or dropped off at the *Mountaineer* office, building 1550, Room 2180.

Motorcycle Safety ...

From the Fort Carson Safety Office

Back in 1973, the Motorcycle Safety Foundation commissioned a team of researchers to assess the skills required to ride a motorcycle safely. They came back with a catalog of 2,500 separate activities.

Traffic Strategies:

Estimate Times. How far away is that oncoming car or that blind crest? Knowing the answer could save your butt.

Questions or comments can be directed to the installation motorcycle safety point of contact at 526-8040 or e-mail Robert.Reynolds@Carson.army.mil.

Prepping for the board ...

Army Weight Control regulation

1. What Army regulation covers "The Army Weight Control Program."
2. What is meant by the term "overweight"?
3. What are three limitations on personnel who are overweight?
4. What circumference sites are used for taping male and female soldiers?
5. What is the required weight loss rate for soldiers in the Army Weight Control Program?
6. What three things must happen when a soldier is determined to be overweight?
7. How often should soldiers in the Weight Control Program weigh in?

From the Soldier's Comprehensive Study Manual

1. A soldier is considered overweight when his or her percent body fat exceeds the standard specified in paragraph 20c of AR 600-9.
2. Weight reduction counseling by health care personnel, entered into appropriate Weight Control Program by the unit commander and flagged under the provisions of AR 600-31.
3. Unfavorable will not be authorized to attend professional military or civilian school.
4. Male — abdomen and neck
5. Female — neck, forearm, wrist and hip
6. Three to eight pounds per month.
7. Monthly — to measure progress

MOUNTAINEER

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News

Peacekeeping duty may now qualify for JTF credit

by Tesia Williams
Army News Service

ALEXANDRIA, Va. — More officers can now receive credit for temporary Joint Task Force deployments as a result of this year's Defense Authorization Bill.

The JTF credit rule, approved upon release of the 2002 National Defense Authorization Act Dec. 28, 2001, was expanded to include operations conducted in an environment where an extremely fragile state of peace and a high potential for hostilities co-exists. Previously, the rule only granted JTF credit for operations conducted in a combat area of operations.

Officers eligible for credit must have served at least 90 consecutive days on the JTF headquarters staff (not subordinate organizations or service components), be in the grade of O-3 filling an O-4 or above billet and be on the "active-duty list" affected by joint officer management legislation and policy. Reserve-component soldiers

and "professional" specialties are excluded, officials said.

Joint-duty credit is not automatically awarded, said Maj. Leven Pressley-Sanders, joint policy officer for U.S. Total Army Personnel Command. However, she said it may be recommended for officers who meet the criteria.

Eligible officers should submit a credit nomination package with a memo and enclosure noting service data, said Pressley-Sanders.

The memo should include a summary recommendation for cumulative Joint-duty assignment credit, identify nominee(s) by name-grade, dates of JTF service, number of days served and name of specific JTF, said Pressley-Sanders.

Officers should also provide an enclosure detailing his/her service data and position identification, she said.

"The officer's personal and position identification information, grade at the time of the JTF assignment,

career specialty, JTF headquarters arrival and departure dates, duty location and contact information, as well as source documentation are essential to getting the nomination package processed," Pressley-Sanders said.

Source documentation includes the officer record brief, award citation and travel orders and vouchers, she said.

Multiple officer requests may be consolidated into a single submission; however, each request must contain a separate summary in the prescribed format, said Pressley-Sanders.

Retroactive joint-service credit for duty applies to the following operations during the respective time periods:

Operation Northern Watch

Aug. 1, 1992 to date to be determined

Operation Southern Watch

Aug. 27, 1992 to date TBD

Operation Able Sentry

June 26, 1993 to Feb. 28, 1999

Operation Joint Endeavor

Dec. 25, 1995 to Dec. 19, 1996

Operation Joint Guard

Dec. 20, 1996 to June 20, 1998

Operation Desert Thunder

Jan. 24, 1998 to Dec. 15, 1998

Operation Joint Forge

June 20, 1998 to June 10, 1999

Operation Noble Anvil

March 24, 1999 to July 20, 1999

Operation Joint Guardian

June 11, 1999 to TBD

Nomination packages must be received at PERSCOM no later than Nov. 1. The memo should be addressed to the CDR, PERSCOM, ATTN: TAPC-OPB-J (Maj. Pressley-Sanders); 200 Stovall Street; Alexandria, VA 22332-0411.

Army officers are advised to contact Pressley-Sanders at DSN 221-8129 or (703) 325-8129, or email presslel@hoffman.army.mil for further information about the process.

Editor's note: Tesia Williams is a member of the U.S. Total Army Personnel Command Public Affairs Office.

BRAVO! for soldiers ...

Theater touring company seeking soldier-performers

by Victoria A. Palmer
Community Family Support Center
Public Affairs

ALEXANDRIA, Va. — All the world's a stage, and in this case, soldier-actors will literally tour the world when the Army Theatre Touring Company "BRAVO!" takes to the road for its third season.

BRAVO! is currently seeking soldiers to audition for the eight-member 2003 cast and crew. The group needs six performers and two technicians.

The all-soldier theater troupe brings live theater to military communities all over the world as part of the Army Entertainment mission of "entertainment for the soldier, by the soldier."

This season's BRAVO! will tour the U.S., Europe and Southwest Asia between November and March. The production is an original patriotic musical review featuring the work of Irving Berlin, Glenn Miller, modern composers and poets, and segments from on- and off-Broadway shows.

BRAVO! producer Tim Higdon says he is looking for "motivated soldiers who want to share their love for theater with fellow soldiers and others in their communities" and who understand the rigors of putting together, sustaining and touring a production of this type.

"This is the chance of a lifetime," Higdon said. "Here is an opportunity to participate in a world-wide tour as a paid actor, something even many pro-

fessionals in the industry never get to experience."

All active-duty and reserve-component soldiers are eligible to apply. The six performers — three male and three female — must be able to sing, dance and act. The two technicians are a stage manager and lighting and audio engineer who set up, operate and dismantle the stage and equipment.

Applications for all positions must include a résumé of acting, singing, dancing or technical theater background with references, VHS audition tape or technical portfolio, full-length official Army photo, copy of personnel qualifications (DA Forms 2A and 2-1 or ERB), and a written "intent to release" from the unit commander for up to 180 days temporary duty assignment.

Installations wishing to host performances must apply to do so, Higdon said. They can host a minimum of two performances and may charge admission fees for additional shows and operate concessions to generate local revenue for Morale, Welfare and Recreation. However, one free performance must be staged for special



Photo by CFSC Public Affairs

Pfc. Derek Shannon, playing Macbeth, meets one of the witches (Spc. Jason King) in a scene from the BRAVO! 2002 season production of "The Complete Works of William Shakespeare (Abridged)," a spoof in which all of Shakespeare's works are staged in 90 minutes.

audiences such as youth, schools or units.

While BRAVO! is primarily designed to showcase top soldier talent and entertain soldiers and members of military communities, Higdon said, it also "demonstrates the financial viability of community theater as an important part of an installation's community recreation program for participants and spectators."

Complete information about audi-

tions, the application process and hosting requirements is outlined in a Community Family Support Center Community Recreation memorandum dated May 22, available online at the Army MWR Web site at www.armymwr.com and click on the links Rec&Leisure, Entertainment and BRAVO!

Audition packages and installation memorandums of intent to host BRAVO! should be postmarked by

Military

National Night Out: taking a stand against crime, drugs

by Spc. Jon Christoffersen
Mountaineer staff

National Night Out is the one night in the year set aside to promote crime and drug awareness.

In support of National Night Out, the Army Community Service and the Provost Marshal Office have organized an event scheduled for Aug. 6 from 4:30 to 8 p.m. at Iron Horse Park.

According to Joey Bautista, ACS Mayor Program Director, the activities are designed to bring the community together to help prevent crime.

"This night provides an opportunity for the members of the community to come together with a single purpose," Bautista said.

The mayors of the different villages on post will be present to help advocate the Neighborhood Watch Program in their villages, he said.

National Night Out was started in 1984 by Matt A. Peskin, an executive with the National Town Watchers Association. Its purpose is to heighten awareness and strengthen participation in local anticrime efforts.

Peskin found that in a typical "crime watch community," only 5 to 7 percent of the residents were participating actively. In an attempt to raise this percentage, he formed a national program which would be coordinated by local crime prevention agencies and organi-



zations — one involving entire communities at on time.

The first National Night Out was introduced in 1984, with the event being held the first Tuesday in August.

According to Bautista, Fort Carson's National Night Out will have activities for everyone. Events for the evening will include pony rides, demonstrations from K-9 police units, and bungee jumping, just to name a few.

"The best part of all the activities is that they're all free of charge," Bautista said.

Bautista encourages everyone who lives on post and those who don't to come out to Iron Horse Park Aug. 6 to join their neighbors in taking a stand against crime.

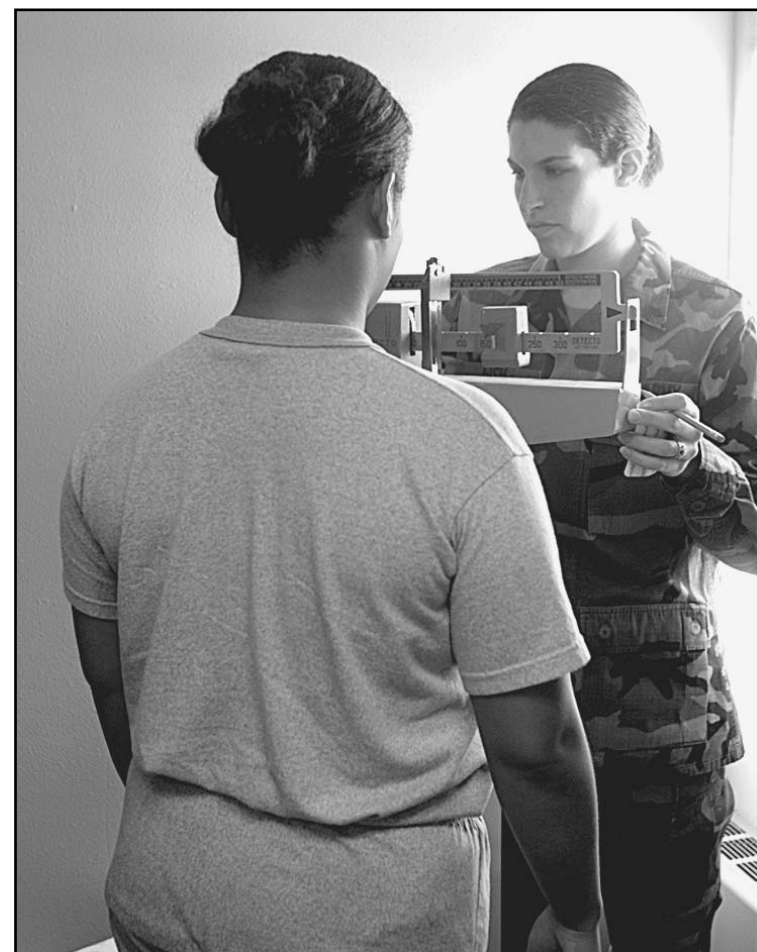


Photo by Spc. Stacy Harris

III Corps NCO of the Year ...

Sgt. Karen Fish, Fort Carson Noncommissioned Officer of the Year, weighs a soldier at the Fort Carson Wellness Center. After Fish won the post board, she advanced to the III Corps competition in Fort Hood, Texas, held July 9, to compete against other top NCOs. Fish was named the III Corps NCO of the Year.

Army Space Command astronaut trains for life in space

by Donald Montoya

U.S. Army Space Command

KEY LARGO, Fla. — Lt. Col.

Jeff Williams, an astronaut assigned to U.S. Army Space Command, is in his third day of a space flight training mission. The catch is, he and two other astronaut mission specialists from the Johnson Space Center are doing it 60 feet underwater and 3.5 miles off shore in the Florida Keys National Marine Sanctuary.

The mission is the third of its kind between NASA and National Oceanic and Atmospheric Administration and is being conducted under the project name NASA Extreme Environment Mission Operations. Basically, NASA astronauts live and work underwater using Aquarius — a laboratory and habitat. Aquarius is the only undersea research platform of its kind and is owned by NOAA and operated by the National Undersea Research Center at the University of North Carolina at Wilmington.

Measuring only 12 by 43 feet, this inner space station provides a similar environment to that found on the International Space Station.

“In planning for the mission we have come to realize that the challenges associated with going to ‘inner space’ are very similar to the challenges of going to outer space,” Williams wrote in his on-line journal entries for July 9 and 13. He made the comments during a weeklong training session prior to decent to Aquarius.

“As a result, our experience and lessons-learned will apply directly to future space flights on the Space Shuttle and the ISS.”

The similarities of working underwater include the stresses of living in an extreme environment in an enclosed space with minimal comforts such as the inability to go home easily, separation and isolation from family, friends, and the outside world, and challenging workloads.

For nine days Williams, along with

John Daniel Olivas, crew mission specialist, Gregory Errol Chamitoff, mission specialist candidate, and Jonathan Dory, a space habitability engineer from SPACEHAB, Incorporated’s Habitability and Environmental Factors Office, will be living and working in “saturation” in and near Aquarius among the coral reefs off the Florida coast.

Typically used by marine scientists to study coral reefs and the coastal ocean, Aquarius allows “aquanauts” to live and work on the seafloor for extended periods using a special technique called saturation diving. The process dramatically increases the time divers can spend working in the ocean depths.

“During this time we will be isolated and unable to come to the surface,” said Williams who holds the title of NEEMO 3 commander.

Williams, a veteran of STS-101, recounted some of the training experiences in his mission journal.

“After all of the lost mask drills, I don’t want to lose my mask because your eyes sting and you can’t see. And secondly, I no longer take the ability to breathe for granted.”

One thing Williams found immediately similar to being in space was working on the ocean floor. “Working with tools, line reels and the like in the ocean is like conducting a space walk. You have to work slowly and carefully in order to go fast.

“Additionally, the long dives we will take outside Aquarius every day to conduct research and other activities will be a lot like conducting space walks on the ISS. Finally, working with the surface team will also be like mission control working with a crew on the ISS or even on Mars.”

During the nine-day mission several different NASA departments will monitor the progress of the astronaut crew from the Johnson Space Center in real-time. Underwater communications equipment and cameras will provide



Courtesy photos

Lt. Col. Jeff Williams takes a break from dive training. To live and work on the seafloor for extended periods requires a special technique called “saturation diving,” which dramatically increases the time divers can spend working in the ocean depths.

interactive capability between the aquanauts and NASA staff in Houston.

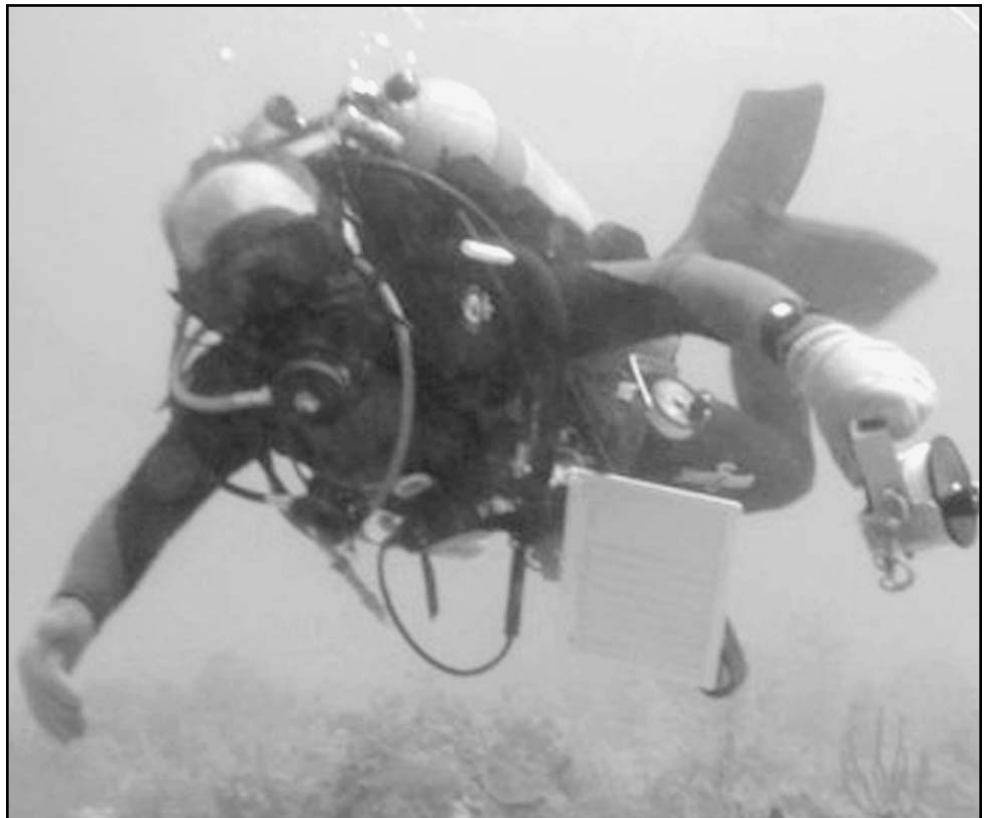
This type of experience aboard Aquarius will be used to help build crew and mission control communication techniques, and will provide leadership and interpersonal skills training to everyone involved.

Williams, a scuba diving enthusiast, is fascinated with exploring the unknown and the challenges of human exploration, and considers the chal-

lenges of living and working on Aquarius to be analogous to that of space.

“We have realized that the mission in Aquarius transcends the experiences we will have. Like space flight, the NEEMO mission is one small page in the history of human exploration.”

The public can follow the crew’s mission and view real-time images by logging on to www.uncwil.edu/nurc/aquarius.



Lt Col. Jeff Williams strings line from his reel for underwater communications equipment and cameras, which will provide interactive capability between the aquanauts and NASA staff in Houston.



Lt. Col. Jeff Williams, an astronaut assigned to U.S. Army Space Command, checks data while resting in his bunk aboard the underwater laboratory and habitat, Aquarius.

Staying Army

Committed to Army, service: Re-enlisting soldiers for July

3rd Armored Cavalry Regiment

Staff Sgt.: Ryan L. Yates, Robert Wells, Stephen Nielson, Christopher Joseph, Chad Etzel, Rhoderick Calunan, Michael Adair.

Sgt.: Scott Wolfe, Phillip Smith, Lisa Risdal, Travis Ogburn, Marcus McKinney, Gabriel Dumore, Bryan Dozier, Billy Conley, Lori Brown, Matthew Anderson.

Spc.: Steven Woodward, Mark Sutliff, Benjamin Storm, Jason Roberts, Reginald Reid, Timothy Odell, Leonard Mills, Roney Loeak, Eric Jackson, Hope Griffin, David George, Ramdhani Gayadin, David Engelhardt, Shanita Cotton, Robert Cavanaugh, Martie Brown, David Bonds.

3rd Brigade Combat Team

Sgt. 1st Class: Terry Nutall, David Vincent, Dexter Drakeford, Charles Hunt.

Staff Sgt.: Craig Stubbs, Robert Rice, Gregorio Villanuevaaochoa, Scott Swanson, Ricky Lockett, Brandon McKean, Mualia Salamo, Brian Blumer, Baldomero Moreno Jr., John Mazurek, Jesse Burr, Thomas Hansen, Eric Bishop, Gary Nielsen, Clifford Cleveland, Melvin Pagan.

Sgt.: James Sharp, Migdalia Ennis, Jason Ferari, Sean Roseberry, Robert Lawhead, Matthew Davis, Eric Caldwell, John Young, Boyce Harrington, Kevin Stanton, Todd Martinez, Noveli Naraval, Whakym Welsh, Matthew Toth, Henry Hernandez, Bobby Lombardi, Rickey Hodges, Bobby Jones, Jeremy Gregg, Mithchell Call, Jesus Hunter, Archie Jacobs, Cesar Aguirre.

Spc.: Linda Solomona, Jennifer Mabry, Jeremy Sanders, Matthew Price, Erwin Robinson Jr., Miguel Ruiz, James Muller, Jason Trusky, Robert Lane, Aaron Key, Joseph Bilski, Edward Maldonado, Paul Koller, Jared Anderson, Corey Prather, Gregory James.

Pfc.: Ronald Villareal.

43rd Area Support Group

Sgt. 1st Class: Kevin King.

Staff Sgt.: Thomas Roth, Troy Gapko, Diana Sternerthreath, George Ashmore.

Sgt.: Jesus Vela, Virgilio Cadiente, Bobby Pratt, Melissa Maynard, Michael Cheek, Venrich James, Michael Adkins, Thomas Loughney, Jorge Rivera, Crystal Navarremarshall, Sophia Ortega, Andrew Gines, Jason Mason, Chad Parmele, Crystal Hughes, Chad

Lucas, Jason Brooks, Jammarrl Pearson, Frankie Montoya.

Cpl.: Betsy Grim.

Spc.: Alisha Seville, Ruth Iturrino, Elisha Laracuente, Travis Rollins, Juan Mejia, Andre Johnson, Severo Henry, James Brewer, Felicia Berry, Jakenya McCurdy, Sean Harjala, Heather Jack, James McMichael, Joseph Gardner, Claudy Antoine, Antione Crutcher, Ryan Haugen, Jesse Lincoln, Gordon Williams, Mark Gulezian, Salvatori Digiaco.

Pfc.: Geron Shelton.

U.S. Army Garrison

Sgt. 1st Class: Robert Miller.

Staff Sgt.: Megan Fowler, Charles Baker, Jack Salazar.

Sgt.: Erica Mayberry, Frederick Lawshe.

Spc.: John Baker, Bobby Billsie.

TV ad to feature Stryker, strong Army teammates

by Staff Sgt. Marcia Triggs
Army News Service

WASHINGTON — “In the Army, there are no weak links,” is the underlying message creators of the upcoming “Army of One” commercial want to get across to their targeted audience.

The new recruiting commercial to air in September is currently being shot outside of Fort Lewis, Wash., and will feature soldiers from the Interim Brigade Combat Teams.

“The commercial will focus on the power of every individual within that team, and stress that the strength of the individual soldier is critical to the success of the entire Army,” said Lisi Davis, acting director for advertising agency Leo Burnett.

There will be a hero in the commercial, Davis said. A single person that will be on point, but it will also be obvious that it was a team effort, she added.

“We have a standard strategy for all of our commercials, and it stems from ‘Army of One,’” said Amy Palmer, planning director with Leo Burnett. “That slogan has dual meanings - it’s the strong individual in the team, and it’s the force of a unified team.”

The meaning behind the two-sided slogan is portrayed in the Ice Soldier commercial, which is cur-

rently running and can also be seen at www.goarmy.com.

The recruiting commercial shows the 10th Special Forces Group climbing a mountain in Colorado. In the beginning of the commercial one soldier, Sgt. 1st Class Brian Berkebile, seems to be alone in a world of vertical ice. However, at the end of the spot, the entire team is showcased.

“Our strategy, since we launched the campaign, has been to focus on individual benefits,” said Pat Lafferty, acting director with Leo Burnett. “Young adults knew the Army was a big team. What they didn’t know is how they could benefit from that experience, and not be lost in a sea of people.”

Leo Burnett’s strategy is evidently successful. Recruiting Command officials predict that the Army’s recruiting goal of 79,500 and the Reserve’s goal of 28,825 will be met in August. This is the third year in a row the Army has met its recruiting goals.

“A big piece of the campaign is its honesty, purity and realness,” Palmer said. “We always use real soldiers. We don’t make up MOSs (military occupational specialties,) or the jobs that soldiers do.”

The commercials highlight what’s actually going on in the Army, Palmer said. That is why Fort Lewis,

the heart of “transformation,” is being spotlighted in the upcoming commercial, she added. The IBCT soldiers will be taped flying inside both Black Hawk and Apache helicopters and operating the Stryker, the Army’s interim armored vehicle.

The “Army of One” campaign is not only bringing in recruits, it pulled in an award for its results-based advertising.

The advertising agency won a gold Effie Award in June from the American Marketing Association for the “Basic Training” series, which profiled six actual Army recruits as they progressed through basic training at Fort Jackson, S.C.

The Effie Awards ceremony is an annual event that honors creative achievement in meeting and exceeding advertising objectives, and honors campaigns that deliver the best marketplace results for clients.

To remain effective, directors said they will continue to dive deeper into the experience of being a soldier.

“To stay on the radar screen of young adults,” Lafferty said, “we have to use their peers, their tone and keep the communication fresh. And with each commercial, tell more of how each soldier makes a difference.”

Rumsfeld: Leaking classified info ‘outrageously irresponsible’

by Sgt. 1st Class Kathleen T. Rhem
American Forces Press Service

WASHINGTON — Anyone in DOD who would leak classified information to the press is so “outrageously irresponsible” that an investigation to find that person is worth the cost, Defense Secretary Donald Rumsfeld said July 22.

Rumsfeld ordered the Air Force’s Office of Special Investigation to look into a leak that is the purported basis of a July 5 New York Times article on a secret war plan for an attack on Iraq. The information in the article allegedly came from a top-secret document provided by an anonymous defense official.

“I think anyone who has a position

where they touch a war plan has an obligation to not leak it to the press or anybody else, because it kills people,” Rumsfeld said in a Pentagon press briefing.

He was adamant that the person who leaked the document should be jailed. He said people could get killed if others start treating “war plans like paper airplanes” they can fly to anybody who wants them.

“I think it is so egregious, so terrible, that I decided to have an investigation notwithstanding the cost,” Rumsfeld said.

According to military legal experts, jail time for such a crime is a real possibility. A senior defense official explained military people caught

leaking classified information can be charged under the Uniform Code of Military Justice and civilians, under the Espionage Act.

“Depending on the severity of the leak, people caught passing classified information could spend significant time in jail under the Espionage Act and the UCMJ,” he said. In times of war, the death penalty is even a possibility if the leak were egregious enough, he added.

At a minimum, individuals caught leaking classified information would lose their security clearances, which usually means the loss of their jobs as well, the official said.

During the briefing, Rumsfeld also said DOD employees who know of

leaks should come forward. “I hope that if there’s anyone in the Department of Defense who knows who did that, that they will give someone in a position of responsibility that information, because they have every bit as big an obligation to do that as they do to not release it in the first place,” he said.

Rumsfeld also vehemently dismissed the notion that someone might have leaked the information to expose a flawed plan, thus saving lives. “There is nothing you could say that would lead me to believe that the individual was well motivated and trying to serve his country by violating federal criminal law — nothing you could say,” he said.

Dining Schedule

Weekday Dining Facilities

A La Carte Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)
3rd BCT Iron Bde. (building 2061)
3rd ACR CAV House (building 2461)
3rd ACR Butts Army Airfield (building 9612)

Standard Facilities

10th Special Forces Group (A) (building 7481)

Weekday Meal Hours

	Mon., Tues., Wed. and Fri.	Thur.
Breakfast	7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch	11:30 a.m. to 1 p.m.	noon to 1:30 p.m.
Dinner	5 to 6:30 p.m.	4 to 5:30 p.m.

Week of July 27 to Aug. 3

Exceptions

- Butts Army Airfield Dining Facility serves no dinner meal on Fridays. The dining facility will be closed Monday.
- Cheyenne Mountain Inn breakfast hours are 7 to 9 a.m. on Mondays, Tuesdays, Wednesdays and Fridays.
- 10th SFG (A) meal hours are the same Monday through Friday. It serves no dinner meal on Fridays.
- 3rd BCT Iron Bde. is closed through Wednesday.

Saturday, Sunday and Training

Holiday Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040)

Saturday, Sunday and Training

Holiday Meal Hours

Brunch	9 a.m. to 1 p.m.
Supper	3 to 5 p.m.

Family members are cordially invited to dine in Fort Carson dining facilities.

Greenback

Know your PCS entitlements: advance payments autho-



Jang

**by Capt. Ho Jang
4th Finance Battalion**

Soldiers are reminded travel advance payments are authorized for all soldiers about to permanently change duty stations. Travel advance payments are authorized even if the soldier possesses a government travel card.

The use of the government travel card for PCS is not mandatory — the Army discourages the use of the travel card for PCS and is currently looking to prohibit its use during a PCS.

In addition to a travel advance, soldiers with dependents are entitled to the advance of one month's pay. Repayment will be prorated over 12 months. Soldiers in the grade of E4 and below need their commander's approval with signature on the form Defense Department 2560. Soldiers in the grade of E5 and above need their commander's approval with signature only if requesting advance receipt of one month's base

pay with more than 12 months proration.

Note: Soldiers must be moving to a high-cost area or show extenuating circumstances to be eligible for 13 months, or more, proration (repayment) period. Single soldiers are entitled to advance pay only if storing a personally owned vehicle authorized by their PCS orders.

Mileage and per diem allowances

Servicemembers can receive a Monetary Allowance in Lieu of Transportation when they drive to a new duty assignment. The amount of MALT is based upon official mileage tables between Fort Carson and your next duty station. PCS MALT is paid at 15 cents/mile if traveling alone, 17 cents/mile with one family member, 19 cents/mile with two family members, 20 cents/mile with three or more family members.

For two privately owned vehicle's, soldiers are paid 15 cents/mile for each POV.

Soldiers are allowed one day of travel for each 350 miles driven by POV. For mileage from one duty

station to another or for finance regulations, visit the Per Diem Committee web page:
www.dtic.mil/perdiem/rateinfo.html.

Soldiers will be paid per diem at the following rates: \$50 a day for the service member, \$37.50 a day for family members 12 and older and \$25 for dependents under 12 years of age.

If dependents are driving a second POV at a different time than the servicemember the spouse will receive entitlements as if they were the servicemember.

Thrift Savings Plan reminder

The Thrift Savings Plan open season closes Wednesday. Interested participants will have to wait until the next open season begins Oct. 15. The TSP Web site can be accessed at www.tsp.gov. Please utilize this site to answers any question you may have.

Battalion Organizational Day

The 4th Finance will be closed Aug. 9 for battalion organizational day. See your servicing finance detachment prior to Aug. 9 for any issues that may arise.

Military Briefs

The Fort Carson Ammunition and Explosives amnesty turn-in is Monday through Friday at the Fort Carson Reclamation Area. The amnesty program is intended to ensure the maximum recovery of abandoned ammunition and explosives. The program provides individuals an opportunity to return A & E and remain anonymous. No documentation is required for turn-in.

When military A & E is found outside the boundaries of Fort Carson military areas, notify the local civilian authorities or the military police, 526-2333. Abandoned military A & E, excluding small arms ammunition up to and including .50 caliber, will not be moved by untrained personnel. If A & E are found, notify the Fort Carson 764th Explosive Ordnance Company, 526-2643.

Abandoned A & E found on post may be turned in at the Ammunition Reclamation Area, located on Butts Road, one mile south of the airfield. The hours are Mondays through Fridays from 7:30 a.m. to 3:30 p.m. For more information contact the Ammunition Supply Point, 526-4381, or the Quality Assurance Office, 526-1795 or 526-1892.

Effective immediately, all organizations will use the United States Postal Service standardized addresses with ZIP plus four assignments. Use is mandatory for both return and delivery addresses. New building signs with new street addresses will be constructed in the future. Please note that not all street addresses will match building numbers. Additionally, change of addresses will not delay your mail service. The following is an example of the format for an official mail return address. (See page 12)

Department of the Army
Directorate of Public Works
ATTN: Housing Division
5050 Tevis St. Bldg 305
Fort Carson, CO. 80913-4001

Fort Carson Directorate of Community Activities Campaign Office is conducting Voting Assistance Officers training until Wednesday at Christopher's. Four sessions are scheduled: the morning session on both days will be 9 to 11 a.m. and the afternoon sessions on both days will be from 1 to 3 p.m. The training is designed to help prepare unit VAOs to assist soldiers and their eligible family members how to exercise their constitutional right to vote. Voting materials will also be available to assist unit VAOs with campaigns.

Unit commanders down to company or detachment level are required to appoint a unit VAO and an alternate. A copy of these orders should be provided to DCA Operations, Fort Carson Voting Assistance Officer, no later than today.

Space is limited to 50 VAOs per session. Reserve a slot by calling 526-8419 or by e-mail to paul.damon@carson.army.mil. Identified unit VAOs must provide their name, phone number, e-mail address, fax number and date they plan on attending. They should also bring a copy of their appointment

orders.

Officer Candidate School Board — There will be a local OCS board Aug. 15 and 16. This board is required for all applicants. All participants must report in Class A uniform. To attend the board, all packets must be turned in to the 502nd Personnel Services Battalion Action Section, building 1118, room 208 no later than Aug. 5. For more information, call Sgt. Nathaly Gaffke at 526-1906.

Procedure for replacing lost or stolen Identification Cards — Effective immediately, all soldiers assigned or attached to Fort Carson who have had an ID Card or Common Access Card lost or stolen will be required to present a memorandum signed by their commander when requesting a replacement card. Local policy requires all active duty soldier, reservist, retiree, family members and Fort Carson civilian employees who lose their ID or Common Access Card to present a form of identification before a replacement card can be issued. The following forms of ID are acceptable: valid driver's license with photo, state ID with photo, birth certificate with seal or photocopy of birth certificate that reflects the state file number. If no form of ID is available, the soldier must be accompanied by a senior noncommissioned officer (Sgt. 1st Class or above) or a commissioned officer.

Closure

The Transition Center will be closed to customers today for the support of Operation Noble Eagle. The center will also be closed Aug. 2.

Hours of operation

The 3rd Cavalry Museum will be open to the public from 9 a.m. to 4:30 p.m. Tuesdays through Fridays until further notice. The museum will be closed Mondays and federal holidays, except Memorial and Veterans Days. Group tours and individual visits from civilians without a valid government identification card can be arranged by contacting the museum, 526-1404 or 526-2028, within 24 hours of the planned visit. The museum staff apologizes for any inconveniences the schedule may create.

The Information, Tickets and Registration office has moved — ITR is now located in the Outdoor Recreation Complex, building 2429 on Specker Avenue. The staffs of the ITR Office and the ORC Information Desk are being combined in an effort to better serve customers. Hours of operation are Tuesdays through Saturdays, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-5366.

For official travel services, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Mondays through Fridays from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their "travelopes" and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an E-ticket.

Please call 576-5188 to confirm receipt of faxed orders. Tickets will not be issued without orders. If you do not use your ticket, you must bring it and two copies of your orders. If you were issued an E-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

Central Issue Facility hours of operation are: *Regular business hours*: Mondays, Tuesdays, Wednesdays and Fridays from 7:30 to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays 7:30 to 10:30 a.m. *Initial Issue/Partial Issue/DX*: Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays: 7:30 to 10:30 a.m. *Partial Turn-Ins*: Mondays, Tuesdays, Wednesdays and Fridays from 11:30 a.m. to 3 p.m. *All Full Turn-Ins* require an appointment.

Please call 524-2006 or 526-2729 to schedule an appointment. For questions, call Stacey Sly at 526-5512.

Provost Marshal Office will no longer in- or out-process soldiers from 11:30 a.m. to 1 p.m. due to the low number of soldiers serviced during that time. Normal operation hours are 9:30 to 11:30 a.m. and 1 to 4 p.m. Mondays through Fridays. Soldiers requiring any type of emergency clearing will continue to be assisted during that time. For information, call Staff Sgt. Alfred C. Kirk at 526-8289.

Briefings

ETS/Transition briefing schedule — In order for soldiers to receive their ETS orders, soldiers must attend an ETS briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317. The next ETS briefs are Wed., Aug. 7 and 21. For more information, call the Transition Center at 526-2240/4298.

Pest control training — Pest Management Regulation, AR 200-5, requires only certified applicators apply pesticides on military installations. The Directorate of Environmental Compliance and Management has a program that provides military personnel the necessary training and herbicide. Each unit is allowed a maximum of five people for training unless approved through the unit commander to DECAM. Training sessions are scheduled for the first and third Tuesday of every month from 10 to 11 a.m. at building 3711 until all units have received the training.

The Commanding General's Newcomers' Brief is the third Wednesday of each month at 1 p.m. at McMahon Theater.

The following are dates for upcoming briefings: Wednesday, Aug. 21, Sept. 18, Oct. 16, Nov. 20 and Dec. 18.

Miscellaneous

Company H, 5th Battalion, 19th Special Forces Group invites all former members to a reunion Sept. 14 through 15 in Denver.

Those interested should contact cohthbn@aol.com or Co. H/5th Bn. Reunion, P.O. Box 31512, Aurora, CO 80012.

Sponsors are needed for students attending the Preparatory School at the Air Force Academy for the class of 2002-03. The USAFA Prep School is designed to prepare students for admission and success at the academy. If you are a sergeant 1st class and above, captain or above, GS-07 and above and would like to apply to sponsor one or more of these students, contact Maj. Nathaniel D. Christian at 333-7151 or at nathaniel.christian@usafa.af.mil.

Fort Carson has recently formed the "Mountain Post Team Military Intelligence Corps Association Chapter." MICA was formed as a worldwide Military Intelligence professional organization to band together intelligence professionals in a forum to share ideas, experiences and to continually improve our profession. The Mountain Post Team chapter had elections of officers at the Wednesday meeting.

The intent of the chapter is to provide a common forum for our MI community to interact, concentrating on professional development forums, new systems developments, integrating the extended Mountain Post family to include 7th Infantry Division SIDE units and local intelligence professionals from the Colorado Springs area.

A quarterly seminar/luncheon will be open to all MI soldiers, retirees and association members. Additionally, each year, in concert with the G2/S2 conference, MICA will host a social and recognize soldiers, retirees and MI professionals with the Thomas Knowlton Award. Contact Lt. Col. Patrick Walsh at 524-1959 for more information.

Editor's note: The deadline for submitting "Briefs" to the Mountaineer is 5 p.m. Friday before publication.



**Better
Opportunities
for
Single
Soldiers**

BOSS Executive Council meets the first Wednesday of each month at 10 a.m. at the Post Physical Fitness Center, building 1829. The post BOSS meeting, for BOSS representatives, meets the second Thursday of each month at Christopher's from 1 to 3 p.m. For information, call 524-BOSS.

Community

Military deployments can have lasting effects on children

by Douglas Lehman,
Treatment Provider
Social Work Service

When a military unit deploys, there is a ripple effect throughout the community. Anyone with a close relationship to the servicemember is affected by the servicemember's absence.

One population of the military community greatly impacted, but sometimes overlooked, is the children of the deployed servicemembers. Several large-scale studies have found children suffer increased problems when one of their parents is deployed during a major overseas deployment. Leading researchers on deployment effects on children found that psychological symptoms such as sadness were

common during the Gulf War; however, few parents considered their children's problems to be serious enough to require professional help. Additional research indicates that the amount and kinds of problems children experienced depended upon the length and frequency of absences, the ages of the children, and the quality of parenting given by the non-deploying parent.

D. Bruce Bell, another researcher on children and deployments, summarized what he found to be winning deployment strategy for military spouses:

Develop individual and family goals and use these goals to develop and maintain family routines.

- Accept the lack of control over deployment events.

- Concentrate on what you can control today, yourself, your family, your job, etc.

- Stay busy; get a job, volunteer or take up a hobby.

- Become informed about the Army, military helping agencies and your family member's mission on the deployment.

- Seek social support from friends, relatives, Family Readiness Groups and families of other deployed soldiers.

- Communicate with your soldier, and open channels of communication within your own family.

- Check out rumors and don't believe everything you hear.



See Deployment, Page 15

Graphic by Spc. Stacy Harris

Community Events

Fort Carson

Mayoral program seeks leaders — There is one vacant position and one position that will soon be vacated within the 11 villages, as well as four positions which will need filling when the new housing areas are completed.

Campaigning for mayoral positions begins today and runs through Aug. 22. The application deadline to be considered for an office is Monday. For more information on the election process or mayor program, call Joey Bautista at 526-1082 or 526-4590.

Claims against the estate of: With deepest regrets to the family of Pfc. Glorimar Rivera, deceased; anyone having claims against or indebtedness to his estate should contact 1st Lt. Asuero Mayo Jr., at 526-8933.

Federal employees health benefits in-service day. Health benefit representatives will be available to meet with civilian employees Wednesday in the Civilian Personnel Advisory Center conference room, building 1550, room 2080 from 9 to 10:30 a.m.

Breckenridge Memorial nearing completion Breckenridge's 10th Mountain Division "Soldiers of the Summit" is becoming a reality. The 80-ton, 10 foot tall boulder base is in place and the six-foot statue of a ski trooper will be completed when additional funds are available. The dedication is set for July 4, 2003. To make a contribution, send checks to the 10th Mountain Division Memorial Fund at Breckenridge, P.O. Box 5284, Breckenridge, CO 80424.

The American Red Cross has many health and safety classes available including Guard Start, Adult, Child and Infant Cardiopulmonary Resuscitation, Pet First Aid and CPR and a free layette program. For more information about the classes, contact Theresa Piscal at 524-1279.

Letters from the Front, a free, two hour "dramedy" set in World War II, will be presented Wednesday at McMahon Theater. Doors open at 6 p.m. and the show begins at 7:30 p.m. This is the 11th year of "Letters from the Front" military tour.

Tobacco Cessation — In 1984, more Americans lost their lives to cigarettes than died in all of World War II. You work too hard and matter too much to too many people to let your life be adversely affected by cigarettes and smokeless tobacco. Consider a tobacco-free life. If you feel like you've tried everything but are still using tobacco, you are not alone. Be encouraged. The more times a person attempts to quit the more likely he/she will successfully quit for good. The Mountain Post Wellness Center offers a four-week personalized and comprehensive program to assist you. The tobacco cessation program is open to all active duty, family members, retirees and Department of Defense civilians and is free of charge. For more information and to sign up, call the Mountain Post Wellness Center at 526-3887.

The Pikes Peak Chapter of the American Red Cross offers many training courses throughout the Colorado Springs Community. Courses offered on military installations require a government ID card to enter the installation. For a list of current dates and times of classes being offered, call 526-2311. Registration can be done over the phone or in person at the main office, building 1526, in the Family Readiness Center.

Evans Army Community Hospital offers sports, camp and school physicals for students from kindergarten through college age starting now through September. These are only for families enrolled in TRICARE Prime at Evans. To make an appointment call TRICARE at 264-5000.

Family Skate Night is no longer held at the Post Physical Fitness Center. The skating night has

been relocated to Iron Horse Park, starting Saturday. For those who want to continue roller skating, the rink will be available day and evenings seven days a week at no charge. However, participants must furnish their own skates.

Around town

Reunion — Former members of Company H, 19th Special Forces Group (Airborne) or 5th Special Forces Battalion, 19th Special Forces Group (Airborne) Colorado Army National Guard, are invited to a reunion during the weekend of Sept. 14 and 15 in the Denver area. If interested, send your information to coh5then@aol.com or mail it to Co. H/5th Bn. Reunion, PO Box 31512, Aurora, CO 80012 or call Lt. Col. Harry Owen at (303) 364-8461.

Range 19 is open every day of the week from sunrise to sunset. It is open to all active duty military, reserve, National Guard, retired military personnel and family members 10 years old or older. Staff sergeants and retired military personnel who have a Range Control range safety card are allowed to sign the range out from Range Control in building 9550. All weapons must be registered on post. For more information contact Range Control at 526-5698.

Veterans Day parade — A parade to honor ex-prisoners of war and those missing in action will be held Nov. 9 at 9:30 a.m.

The grand marshals of the parade will be Mario Manfredini, representing veterans of World War II, John Tagert, representing the Korean War, and John (Mike) McGrath, representing the Vietnam War. All three grand marshals are ex prisoners of war.

The theme will be "Honoring Ex-Prisoners of War and Missing in Action." However, all veterans are encouraged to participate and will be honored. For more information, contact Diana D. Ceciliani Executive Director Colorado Springs Veterans Day Parade, Inc. at 282-1648 or vaparade@aol.com.

Soccer tournament — The Special Olympics program is hosting a city soccer tournament today through Sunday. Please call Al Gambal at 526-6630 for more information.

Tennis Tournament — There will be a tennis tournament through Saturday which is open to all active duty service-members and Department of Defense employees on Fort Carson. The entry fee of the tournament is \$3 per category entered. The categories are: men's, women's, doubles and single. For more information contact Al Gambala at 526-6630 or Dan Levy at 579-4065.

Intramural bowling and golf teams are looking for representatives from the unit, battalion and brigade level. All representatives should attend meetings to discuss league competition, cost, awards and dates of competitions. The intramural bowling

meeting is today at 1:30 p.m. For more information contact Al Gambala at 526-6630.

New groups — There are two new groups being offered at Social Work Services. The first group is for junior high age youth whose parents are deployed or scheduled to be deployed. This will be offered at the Evans Army Community Hospital at Social Work Service, Fridays at 3 p.m.

The second group is an eight-week therapy group for children that have been exposed to physical, sexual and/or emotional violence. Targeted ages are eight through 12, male and female. This will also be held at Evans, an exact start date has not been determined, but it will be held on Mondays from 3 to 4 p.m.

Interested in volleyball? — The Royal Neighbors of America and the United States Professional Volleyball League are pleased to announce that a volleyball day is coming to the U.S. Olympic Training Center Thursday from 9 a.m. to 4 p.m. Participants will learn from professional volleyball players during the event. For more information, call David McMullen at (888) 574-1136 or Naomi Copeland at (800) 627-4762 Ext. 386.

The second annual Scholarship for Military Children Program winners have been announced. More than 5,100 students applied for the scholarships at commissary locations worldwide. Jennifer Bowman of Colorado Springs is a recipient of a \$1,500 college scholarship awarded at Fort Carson. Bowman plans to enroll at Daemen College. Her school and community activities include band, drama club, link crew, National Honor Society and Alzheimer's Volunteer. The Scholarships for Military Children Program started in 2000.

Annual leave needed

Civilian employees who would like to donate annual leave under the "Voluntary Leave Transfer

Program" to sick or injured employees can refer to Fort Carson Regulation 690-4.

Leave donation forms may be obtained from administrative/personnel sections. Completed forms should be forwarded to leave-approving officials for approval, then to the customer service representative at the Directorate of Resource Management.

Annual leave donors are needed for:

Carolyn Harris and Candice Miller, both employees of the Dental Activity, need annual leave donations to help cover absences due to the exhaustion of available paid leave.

For information about the above-listed DENTAC employees, contact Bonny Edwards, 526-2006 or 526-2877.

J'Demetria Powell, Sharon Trigg, Betty Meek, Deanne K. Lau, Zarene DeKraai, Maxine M. Featherston, Normita T. Reyes, Gilbert J. Russi, Ana L. Foschi, Robyn Trice-Thomas and Tracie S. Everett, employees of the Medical Department



**Army Community Service
Family Readiness Center**
719-526-4590

Multicultural Support Programs
ACS Relocation Readiness

German Support Group

SPANISH SPEAKING SUPPORT GROUP

Korean Support Group

Give us a call & find out about our diverse support groups.

Deployment

From Page 13

Any type of deployment has an impact on children's feelings. The influence of a parent deploying can be more significant if the child has pre-existing emotional and behavioral problems. The stability of their parents' marriage can also play a role in how the child handles the deployment of a parent. Research has compiled the following list that indicates common feelings and behaviors associated with children of deployed parents:

Pre-deployment effects

Preschool: Confusion, clinging, surprise, irritability, guilt, increase of attention seeking, sadness, behavior problems,

Elementary age: sadness, regressive behaviors, guilt, angry, feels lonely prior to parent leaving.

Adolescents: Sadness, aloofness ("I don't care" attitude), fear of non-deployed parent rejection, friends take on increased value, denial of feelings, anger.

Deployment effects

Preschool: Sadness, change in appetite, feelings of abandonment, separation anxiety, lower self-esteem, attempt to care for parent.

Adolescent Children: Sadness, school problems, independence, behavioral problems, anger.

Post-Deployment effects

Preschool: Excitement, having something for dad (picture, etc.) and wants recognition, wants reassurance, clingy, anger causes desire to punish or retaliate against parent, oppositional/avoidant, may be afraid of parent, attention seeking behavior, compete for attention.

Elementary: Joy, excitement, may have made gift and wants recognition, remains angry, attention-seeking competition (male) for male role in family, may act out anger, attempt to initially split parents.

Adolescent: Anger, defiance, relief, resentment, school problems

...

What can be offered to help children with deployed parents from suffering adverse effects of a deployment? The Mental Health Careline at Evans Army Community Hospital is offering support for children with deployed parents via the Deployment Therapy Group. This group is for Junior High-age youths whose parents are deployed or scheduled to be deployed. This group originally was started in November at Carson Middle School.

The deployment group will now be

offered at Evans Army Community Hospital at Social Work Service. This group has addressed such topics as terrorism, anthrax, stress management, fear, military families and school safety. We have also discussed regions of the world where soldiers are deployed: from Afghanistan, Kuwait, Russia, Korea and Germany, as well as "down range."

The goal of this group is to offer an outlet for children to adapt, change and identify healthy coping skills. This will be accomplished through education, group interaction, discussion and planned activities. This process will facilitate a better understanding about parental deployment.

Additionally, Social Work Service will be offering another group for children. This therapy group, the Children Who Witness Violence Group, will be for children who have witnessed family violence.

Simply defined, family violence refers to a pattern of injurious physical, sexual or emotional acts knowingly or recklessly committed by and on a family member for the purpose of maintaining power and control over them. Families who experience domestic violence are more likely to have children who tend to be under age 17 and on average children under age 5 (who are present as witnesses in 48 percent of cases).

Children exposed to domestic vio-

lence have experienced the following problems: emotional, cognitive (thinking), social, health, academic and behavioral. Specifically, problems that can be demonstrated by children who witness violence (Marshall 2002): Sleeplessness, nightmares, anxiety, fighting, withdrawal, depression, fearfulness, regression, posttraumatic stress disorder, high risk of becoming a victim or perpetrator, shame, guilt and isolation

These children are more likely to commit delinquent acts against property and to display emotional disorders and hyperactivity. They are also twice as likely to be physically aggressive as those who have not heard or seen fights. (Canada 2001).

The goal of this eight-week group will be to identify the feelings associated with experiencing and witnessing violence. An additional goal is to accomplish an understanding of creating a safe family environment through learning about anger management, problem solving, communication and awareness.

For additional information, contact Social Work Service at 526-4585.

Chaplain's Corner

Fighting for America's reputation

**Commentary by
Chap. (Lt. Col.) James A. Ellison
Command Chaplain**

Terrorists attacked our nation. Without warning and without conscience, they took planes filled with innocent people, including children, and rammed them into buildings filled with civilians and servicemembers.

The terrorists cannot stand up to the might of our Army; there is no way they could face the United States head on. Our technology, weaponry and the professionalism of our soldiers would be overwhelming. Terrorists think they must come at us indirectly. This is called "asymmetry."

The United States and its allies responded, but came under yet another asymmetrical attack. The opposition has criticized U.S. methods and told the world we are bombing civilians. And they have pandered to the media, by showcasing wounded noncombatants and pieces of weaponry marked with the initials "U.S." in hopes of gaining favor in their supposed battle against the "Great Satan." There is a double standard being applied, and we

are being held to the higher, more rigorous position.

It is time to consider an attack using our character. Our non-weapon tool for fighting for the favor of public opinion by never violating the rules of war is our duty. The professionalism of our soldiers can be counted on to be above the rest in the ethical treatment of the enemy. By all means, we should keep this war above board. We do not fight for more territory. We do not fight to submit people to our way of life. But, we are fighting for, among other very important things, our reputation as a benevolent nation under God.

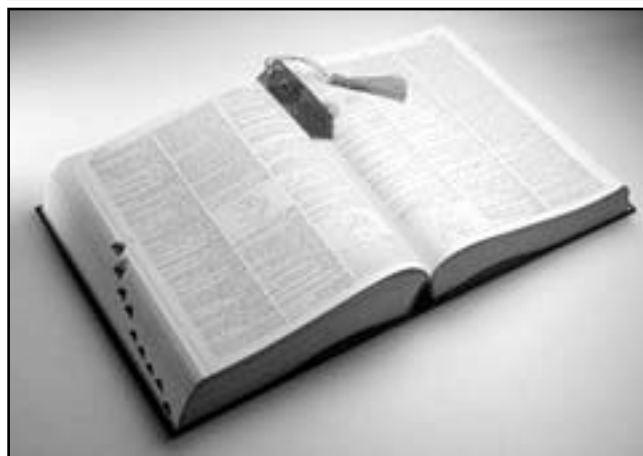
Therefore, the United States has to take the higher path and must accept the tougher side of the double standard. Let conscience lead United States behavior and faith teach conscience. Ask chaplains to advise and define what the ethics of the battlefield should be. Keep strictly to the soldier's mission and not stray away from the heart of moral conviction. In one word, keep to "symmetry." Fight the enemy, and only the enemy, directly.



.Photo by Sgt. Melissa Bernazanni

Riding the rapids

Soldiers from the 10th Combat Support Hospital, with Arkansas River Tours, guide themselves down the Arkansas River Saturday during a team building outing. Chap. (Capt.) Lonnie Locke, 10th CSH chaplain, organized the event, which brought together several 10th CSH soldiers and family members.



Chapel

Wicca group meets at Fort Carson — There are many “traditions” within Wicca and the tenets, practices and politics vary as they do in many religious groups. The goal for the Fort Carson Open Circle is to allow people of all traditions to come together and learn from each other. They are openly eclectic in that their members are not all of the same faith group but of many different faiths and traditions. They are here to teach each other and to learn from one another. They invite those who have years of experience in their tradition and those who are still seeking their path to come together. The group meets every Tuesday night at 6:30 p.m., at the Family University Building, next to McKibben Physical Fitness Center, corner Ellis and Barkely, on Fort Carson. If you have any questions please call (719) 229-8948 or 634-7243, or via e-mail ftcarsonopencircle@hotmail.com.

Fort Carson AWANA Club: Making the Gospel fun. AWANA shapes children's lives with a combination of good clean fun, Bible memory and spiritual teaching. AWANA is an international nondenominational organization dedicated to sharing the Gospel of Jesus Christ with young people. The group is similar to scouting and participants wear uniforms, earn badges and are motivated through awards. Meetings are held Thursdays from 5:15 to 7 p.m. Spaces are available for adults who want to be ministry leaders. The leadership training is free. For information, contact Susan Webb at 538-9306.

Chapel Schedule

ROMAN CATHOLIC

Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-5769
Tues., Wed., Thurs.	noon	Mass	Mass	Soldiers'	Nelson & Martinez
Chap. Stahl/526-5769					
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CCD	Soldiers'	Nelson & Martinez	Jim Sciegel/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769

EASTERN ORTHODOX

Sunday	8 a.m.	Divine Liturgy	Soldiers'	Nelson & Martinez	Chap. Olson/526-5772
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PROTESTANT

Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Simmons/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Drake/526-4206
Sunday	9:30 a.m.	Protestant	Veterans'	Magrath & Titus	Chap. Atkins/524-1822
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Kincaid/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	6:30 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166

LITURGICAL PROTESTANT

Sunday	10:45 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Bauer/526-5279
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JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

WICCA

2nd and 4th Tuesday	6:30 p.m.	Spiritual Fitness Center	Barkeley & Ellis	Ms. Costantino-Mead/ (303) 428-7703
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For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child care is available during on-post worship services.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 38 & 1 Kings 7-8

Saturday — Psalms 39 & 1 Kings 9-11

Sunday — Psalms 40 & 1 Kings 12-14

Monday — Psalms 41 & 1 Kings 15-17

Tuesday — Psalms 42 & 1 Kings 18-20

Wednesday — Psalms 43 & 1 Kings 21-22

Thursday — Psalms 44 & 2 Kings 1-3

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following: **Unit:** For the soldiers and leaders of the 1st Infantry Division ("Big Red One"), forward deployed in Wuerzburg, Germany. **Army:** For the soldiers, noncommissioned officers and officers of the Infantry Branch. Ask God to provide leaders that will decisively train for and lead their units to victory in battle. **State:** For all soldiers and families from the state of Kansas. Pray also for Gov. Bill Graves, the state legislators and municipal officials of the Jayhawk state. **Nation:** For the memory and legacy of Dr. Martin Luther King Jr. Pray that God would lead us to realize King's vision of a land where constitutional freedoms are a reality for all, and where civility and nonviolent change become a way of life for our citizens. **Religious:** For the soldiers and families from the Moravian Church. Pray also for all military chaplains endorsed to serve on behalf of this community of faith.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.

Flipping Flapjacks

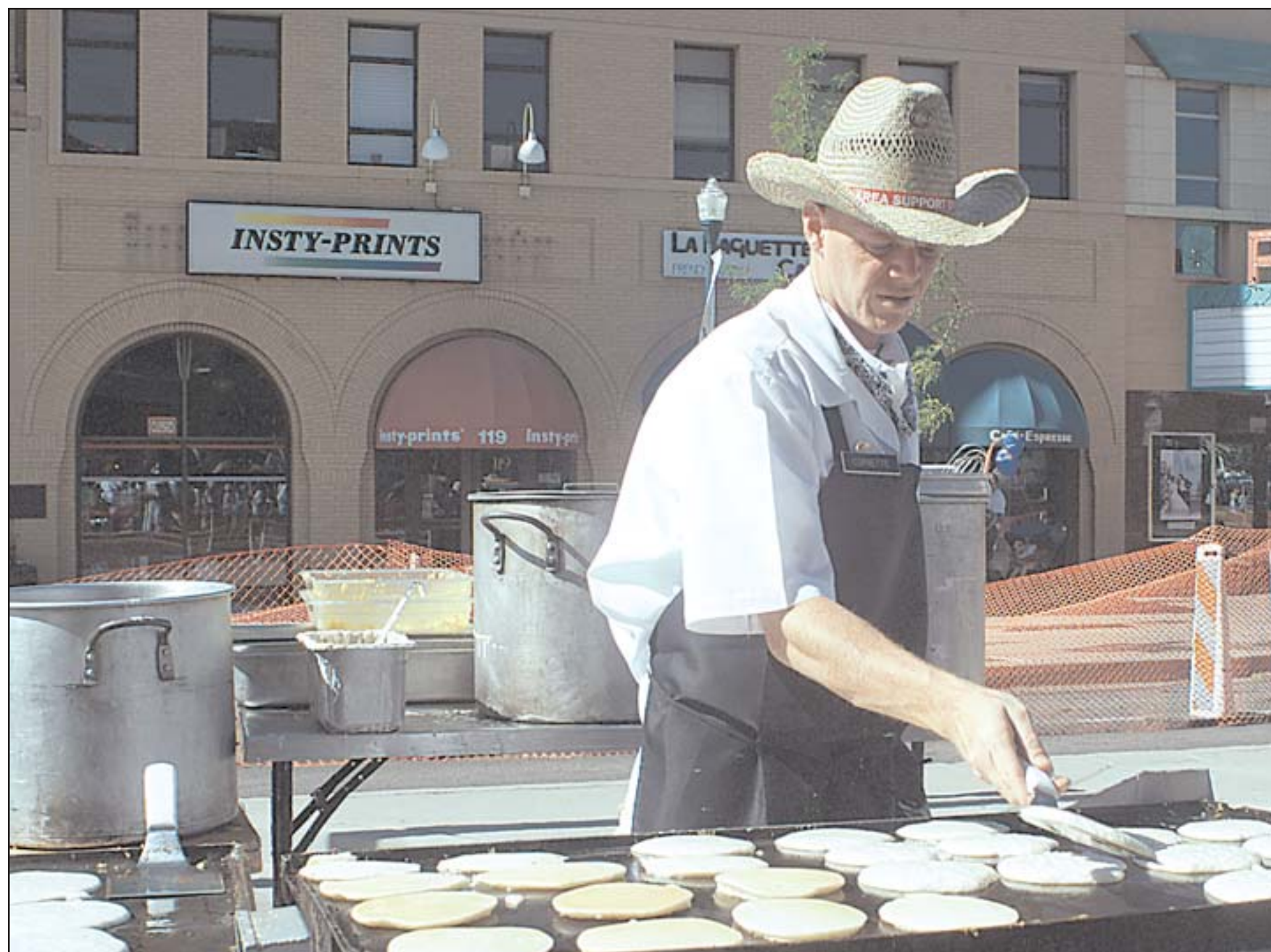


Photo by Spc. Stacy Harris

Pvt. Shane Cornette, 43rd Area Support Group, 2nd Transportation Company, flips flapjacks during the street breakfast Saturday.

Soldiers feed thousands at street breakfast

by Spc. Stacy Harris
Mountaineer staff

After 1,100 pounds of pancake batter, 1,500 pounds of eggs, 80 gallons of syrup, 500 gallons of coffee, 7,500 pints of milk and 2,500 pints of juice, more than 6,000 people from the Colorado Springs and Fort Carson community were full.

Beginning at 5:30 a.m., hungry cowboys and cowgirls could step out into the streets of downtown Colorado Springs to enjoy breakfast prepared by the 43rd Area Support Group soldiers. This is the 42nd year Fort Carson soldiers have prepared the meal, which kicks off the Pikes Peak or Bust Rodeo.

Overall, Chief Warrant Officer Russell D. Campbell, food advisor, 43rd ASG, said even though this is the first year the street breakfast was held on a Saturday, it was a success.

"We obviously didn't have the same crowd," he said. "I think it went well for a Saturday and over time, more people will come out on the weekend."

The street breakfast was held at the corner of Pikes Peak Avenue and Tejon Street. Starting at midnight, the roads were closed off to prepare for the event. Two truck-loads

of hay bales were unloaded to provide seating for the participants. About 110 Fort Carson soldiers, 37 of which were soldier-cooks, helped unload equipment, set up the breakfast, and serve early morning risers.

"Chute Nine" provided entertainment for breakfast-goers. The Pikes Peak or Bust Rodeo Girl of the West and her aide, along with the El Paso County Fair and Rodeo Queen, were available to meet the crowd. The Range Riders, featuring more than 100 riders on horseback, also made their way through downtown Colorado Springs, heading east to Latigo.

Overall, those who attended the breakfast enjoyed themselves, Campbell said.

"They had a good time," he said. "Soon as they get out there (to the street breakfast) ... they really enjoyed it."

This is the fifth year in a row that the 43rd ASG has teamed up with the Centennial Sertoma Club to put on this partnership event. All funds raised are turned back to the community through YMCA organizations, hearing agencies and some Fort Carson programs.

Campbell said this event is important because "it not only gives back to the community, but also to Fort Carson."



Photo by Spc. Stacy Harris

Sierra Peters, 2002 El Paso County Fair and Rodeo Queen, holds Abigail Harris during the breakfast.



Photo by Spc. Stacy Harris

Sgt. Al. Lavalais, 43rd Area Support Group, scoops eggs into a container held by Spc. Alisha Seville, 43rd ASG. After the eggs are cooked, they are transferred to the serving line to feed hungry participants.



Photo by Spc. Stacy Harris

Hay bales were lined up on the streets to give people a place to sit and eat breakfast and listen to music provided by "Chute Nine."



Photo by Spc. Stacy Harris

At 9 a.m., the Range Riders began their annual ride to promote the rodeo, which is Aug. 7-11.



Photo by Spc. Stacy Harris

1st Sgt. Dave Alves, 43rd Area Support Group, 59th Military Police Company, right, serves pancakes to participants.



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OUT ABOUT 27 July - 2 August 2002
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Letters from the Front WWII

McMahon Theater
31 Jul 02

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A Professional International Touring Company

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FREE Show time
Starts at 7:30 pm

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Bldg. 1510

(Inside the Mini Mall)

Mon, Tue & Wed - Closed

Wed, Thu, Fri - 12:00-6:30 pm

Sat & Sun - 9:00-4:30 pm

\$1.00 per hour user's fee

- Laser Engraving -

Plaques/Awards/Gifts/Personalized

Basket Weaving - Rubber Stamping

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Beginning Stained Glass - Sewing Machines

Stained Glass Mosaic Stepping Stones

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Ceramic Coasting Class - Gel Candle Making

Suspension in Molds

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For more information please call
526-0900
Fees for the class you want may be assessed.
Class subject to change or cancellation.



Bldg. 2429, Specker Ave, Fort Carson
(719) 526-2083

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please call.

your number for adventure
719-5262083

ARMY SOLDIER SHOW

2002 AN ARMY ENTERTAINMENT PRODUCTION

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McMahon Theater
Bldg. 1517 McDonald Street

12 - 13 August 2002

Doors open 1 hour before each Show.

12 August,
Show starts at 7:30 pm

13 August,
Show starts at 2:30 pm
Show starts at 7:30 pm

All Shows are FREE!

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NIGHT OUT

America's Night Out Against Crime

"A Welcome Home Event" brought to you by: The Fort Carson DCA & ACS

6 August 2002

@ Iron Horse Park

4:30 p.m. - 8 p.m.

**Kids & family activities, food, fun,
entertainment and pony rides.**

**Strengthen neighborhood spirit and
police-community partnerships.**

**Send a message to criminals letting
them know that neighborhoods are
organized and fighting back.**

**Informational booths on
Army Community Services,
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School Districts and more.**

For more information please call 719-526-4494



Hit an Eagle and Strike a Turkey!
Lanes to Links

Coming to Fort Carson's
Golf Course • Bldg. 7800 Titus Blvd.
719-526-4469 and
Bowling Center • Bldg. 1511 Chiles
719-526-5542

24 August 2002

This exciting event is a one day adventure designed for all age and skill levels.
Teams of four, Men or Women, Junior or Senior, Active Duty or Civilians will compete in
an 18 hole Golf Scramble and Bowl 10 games using the Baker System format.

Everyone WINS because this event focuses on Fun, Excitement and
Team Effort rather than individual accomplishments.

The team with the highest aggregate score wins, Best Overall Team.
Other categories are, Best and Worst Team in Golf, Best and Worst Team in Bowling.

Prizes range from crying towels to a **\$100.00 Gift Certificate**
redeemable at your Fort Carson Golf Course or Bowling Center.

As a memento, each player receives a **FREE Sports Bottle.**

7 am - 8 am

8 am - 9 am

9 am - 12 pm

12 pm - 1 pm

1:30 pm - 5:30 pm

6 pm

Bowling Registration

Breakfast at the Bowling Center

10 Games of Regulation

Baker Format Bowling

Lunch at the Golf Course

Golf Scramble

Dinner & Award presentation, at the Golf Course

For more information please call **526-5542 or 526-4469**

Sports & Leisure

Person of the Week

Foundation work inspires cancer survivor

by Walt Johnson
Mountaineer staff

Editors note: The Susan G. Komen Breast Cancer Foundation "Race for the Cure" is Aug. 11, at Falcon Stadium on the Air Force Academy. This is the second of a two-part article on a soldier who is also a cancer survivor. In the first part of this article Bowen talked about learning she had cancer and what she had to do to battle the disease. In this article she talks about family, getting through treatments and the effect it had on her and others and her desire to see a cure for breast cancer.

Kristin Bowen knows the value of life and the satisfaction of working on a cause.

Bowen faced a life or death struggle with breast cancer three years ago, and now is determined to live a normal life and help others do the same by working with The Susan G. Komen Breast Cancer Foundation, which works on

research to eliminate breast cancer.

Bowen got deeply involved with the foundation's work while she was in the infancy of her battle with breast cancer.

"It just so happens that I was in Washington, D.C., in 1999 when the race was being run. I was getting ready to go through further surgery at Walter Reed Army Hospital because the doctors wanted to make sure they got all the cancer. The foundation was having its race for the cure event. I wasn't able to run, but I did walk in the race and it was so motivating. There were 25,000 people in the event," Bowen said.

After getting four treatments, Bowen, who was supported along the way by her immediate and in-law family, began the recovery stage of her fight with cancer and planning her wedding.

One thing that is good for a people at this time in their recovery is the ability to have fun and laugh, and Bowen and her husband, Greg,



Photo by Walt Johnson

Kristin Bowen works with free weights at McKibben Physical Fitness Center recently.

had some good times that allowed them to laugh as her hair, which was nearly gone from the cancer and haircuts, grew back.

"My hair was just starting to grow back around the time of our wedding. At our wedding I was wearing a hat. I thought about wearing the wig I wore in the day time when I was working, but my husband thought it wouldn't look like me. My husband had gotten so used to seeing me with no hair that when it started to grow back he told me he didn't know if he liked the hair thing," Bowen said with a laugh.

In December of 1999, Bowen went through her last therapy session and by then her hair was starting to grow back, though Bowen didn't care for the look.

"My hair was growing back and oh my God, it was ugly, it was just awful," Bowen said.

In honor of her last treatment and in conjunction with her hair growing back, Bowen got a bit of encouragement from one of the nurses treating her.

"One of the nurses at the radiation place made me a button that said hair by chemo, not by choice, which I would wear on my purse," Bowen said.

Getting through the initial stages of cancer was tough and something no one would ever want to experience. Bowen found that even after going through that experience and beginning the road to recovery, there would be even more hurdles to overcome and gave her more of an understanding of what the button meant.

"My hair was really short and just growing back. That was the hardest phase because people were really rude. People didn't know if I was a college student or what. People 40 or 50 years old would say things like 'these young college students, everything's a fad, look at the hairdos they are coming to.' Once I was standing in line in my Battle Dress Uniform and people would say things like 'what is this society coming to? You see these women in the military and they have to act like G.I. Jane or something.' I wanted to turn around and say to them, do you think I look like this on purpose? Do you think I chose to cut my hair this way? I never said anything back, but it did hurt," Bowen said.

Ironically, Bowen was destined to be involved with the "Race for the Cure" foundation, first from a distance and then up close and personal. Prior to her own battle with the disease, Bowen's mother was a survivor.

"I had always been a donator to the foundation because my mother was a survivor. But you know, I never really was that involved until I had breast cancer. I always wanted to do volunteer work, but it was one of those things where you say to yourself I don't have time, because I was caught up in my own little life. After I participated in the race in Washington and got to understand why the foundation was doing what it does, I thought it was wonderful that we have races like this that raises money in all over the United



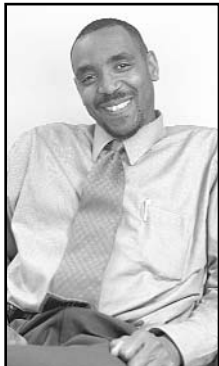
Photos by Walt Johnson

Kristen Bowen, right, walks down the runway with her daughter Carmen Saturday at the Air Force Academy Officers Club "Race for the Cure" luncheon fashion show.

See Bowen, Page 25

On the Bench

Youth center fall sports program registration is underway

**Johnson**

by Walt Johnson
Mountaineer staff

Gang, it's getting to be the time of the year when the old guy just can't contain himself. I lose all kinds of self control when I see the shoulder pads and helmets on sports

reports. That means the football season is only seven weeks away. Boy, I can't wait until the first game of the season when my newest favorite team, the Houston Texans, embarrass "that other team from Texas" on national television no less.

Parents, now is the time to get your children registered for the fall sports season on post.

Registration is currently underway for flag football, soccer and cheerleading teams for fall sports. Parents can register their child for the appropriate event by calling 526-1100 or 526-1101.

After two weeks of double elimination softball action, the six teams that will vie for the post softball championship are known.

Coming out of the double elimination tournament and earning the right to play in the single elimination tournament are: Troop C, 1st Squadron, 3rd Armored Cavalry Regiment; Medical Activity Department; 60th Ordnance; 64th Forward Support Battalion; Troop E, 2nd Squadron, 3rd ACR and the 534th Signal. The post championship tournament will take place at a time to be determined later due to military commitments of some of the participating teams.

The Fort Carson running team will hold an Army 10-miler qualification race Aug. 9.

The people selected from the qualifier will represent the post at local and national events, such as the Army Ten-Mile race in Washington in October, which the post team has won the past three years. The 7.5 mile course will begin at the Post Physical Fitness Center at 6:30 a.m.

Runners, mark your calendar for the 2002 Medical Activities Challenge race.

The race will be held Sept. 14 at Evans Army Community Hospital at 8 a.m. with a children's run beginning at

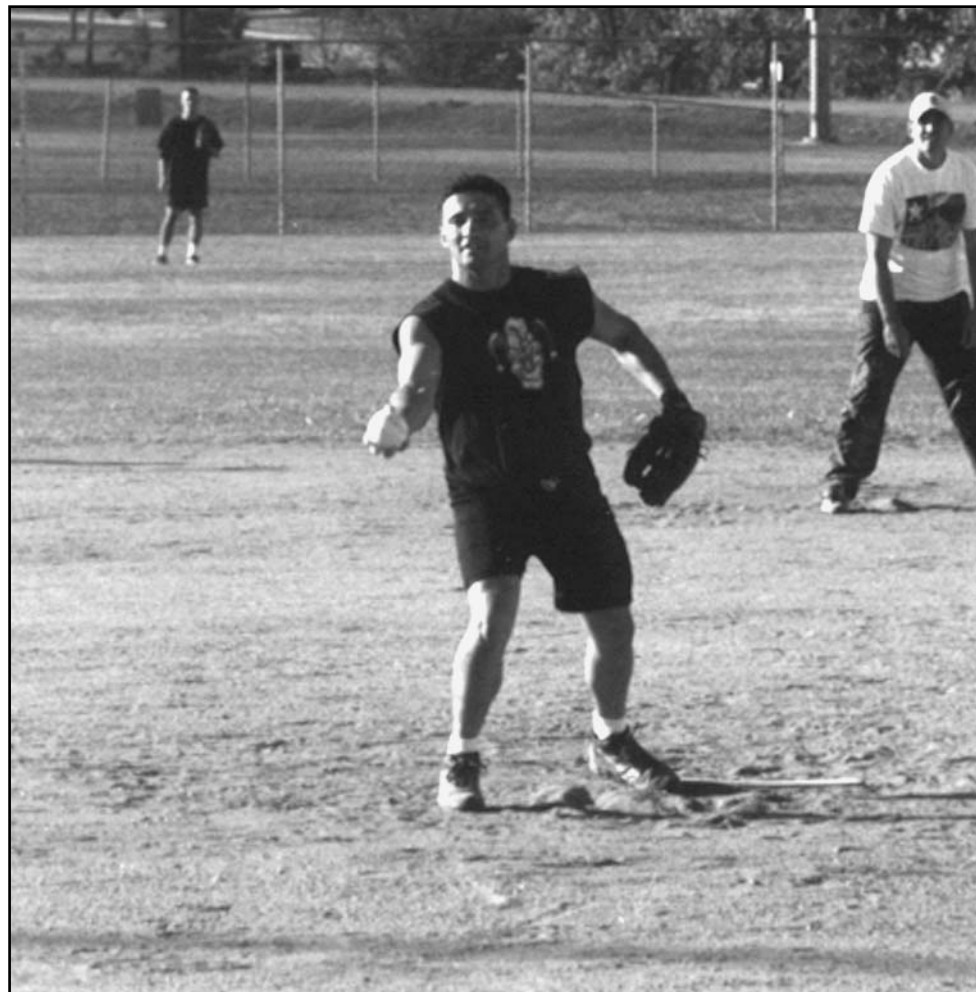


Photo by Walt Johnson

Crazy Horse's Mike Sedillo pitches to a batter during the recent intra-mural double elimination playoff.

See Bench, Page 23

Bench

From Page 22

7:30 a.m.

Well, as much as I hate to do this, all right I love to do this, it's time for notes, quotes and other items of interest.

Think we don't take our sports a little too seriously gang? How about this note from the golf world:

Tiger Woods is under fire in some circles for not coming out in support of golf courses letting females gain membership. The argument I have heard is that if Woods was to come out and say women should be allowed to join the clubs it would "make" the clubs that practice this exclusion let women in.

I, for one, hope Woods never says a word about letting women into the golf courses. Is that because I don't want women playing on the courses? Of course not, don't be ridiculous. I hope he never says a word about the issue because we should not count on the opinion of one sports figure, no matter how good a player he or she is, to make a change that should be made by the people who are in control of such decisions. If you want to place blame on anyone for the practice at the golf courses, blame the people who run the courses and practice the outdated policy.

I can't remember the last time I looked forward to the Monday Night Football package as I am this year.

While the schedule is good, it is nothing special. The reason I am looking forward to the start of the season is, John Madden will be the color announcer for games this year. Even when the game stinks, as NFL games have a tendency to do, Madden can make



Photo by Walt Johnson

Members of the Schleis and Ricks family were real troopers during the recent double elimination tournament at the Mountain Post Sports Complex. The two families stayed for every inning of every game played by the Medical Activities Department team.

Mountaineer Sports Spotlight

Thanks, parents, for all you do ...

From left, top row, Valerie Davis, and Sheren Torres, from left, bottom row, Tracy Supan, Lisa Prejean and Staci Jackson, enjoy a 10-to-12 year old Red Sox baseball game July 18 at the youth center softball complex. The youth center wrapped up another "successful season" Saturday according to Mark Swaim, youth center sports director. "I have always said one of the keys to the success of our youth sports program here is the support the parents give to the players and the youth center staff. I just want to thank all the parents that are involved in our program for making it a good experience for their children and my staff and I," Swaim said.



Photo by Walt Johnson

Bowen

From Page 21

States. Locally, we have grown, and we think there are a lot of people out there who want to help. People help us because they don't get roped in to time consuming projects. We only want a person to give us the volunteer time that they have. We have people who do things like volunteer to give out numbers on race day or drop off fliers at local establishments," Bowen said.

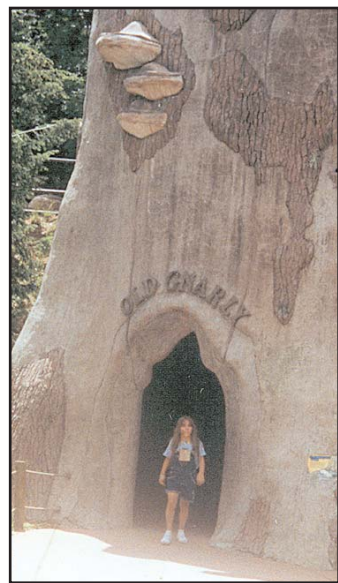
Bowen said working in the local project is a good way to help people in Colorado Springs who are going through the fight.

"The best thing about working at the local events is 75 percent of the money raised goes to the local chapter. That money stays here to help people with treatments, help people (men also can be breast cancer sufferers) who can't pay for mammograms so they can get the treatment they need. This disease affects so many people that we need to get the word out and this is the way to help people battle this disease," Bowen said.

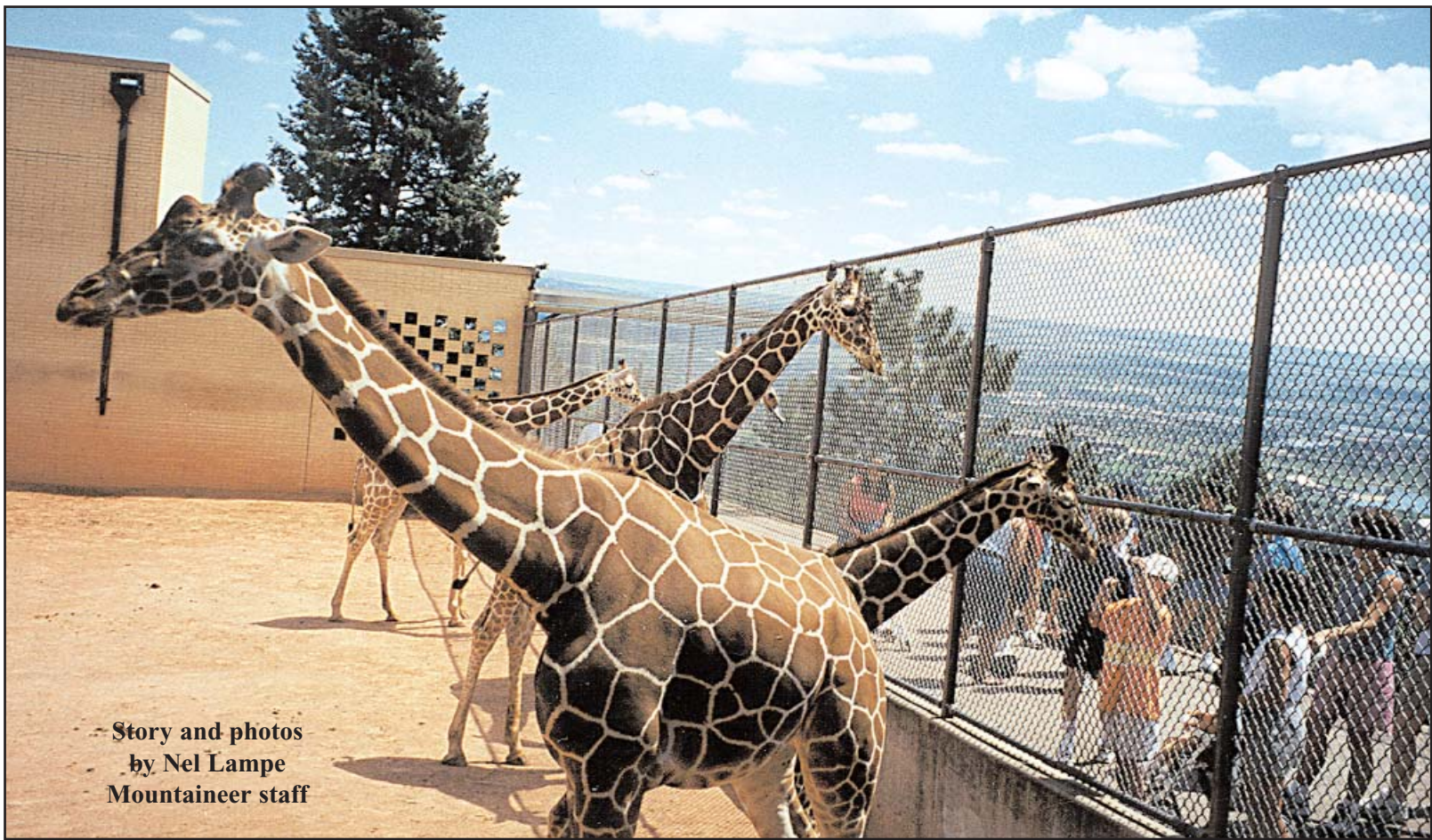


Kristen Bowen, left, and her husband Greg, with daughter Carmen, celebrate three years as a breast cancer survivor Saturday at the Air Force Academy Officers' Club "Race for the Cure" luncheon.

Happy Animals



Places to see in the Pikes Peak area.
July 26, 2002



Story and photos
by Nel Lampe
Mountaineer staff

A herd of 30 giraffes is at Cheyenne Mountain Zoo. Some of the giraffes are looking for a cracker handout.

Mountain Zoo is

Zoos seem to be more fun when there are baby animals to see, which makes this a good time to visit Cheyenne Mountain Zoo.

Four African lion cubs were born in June. Although they won't be seen by the public for a couple of months, a special shaded viewing area is set up next to the Lion's Lair so visitors can watch the new cubs over closed circuit television from 9:30 a.m. until 3:30 p.m. each day.

Two bobcat kittens were found orphaned in Wyoming and are spending the summer at the zoo. The kittens are in the small yard of the zoo's "My Big Backyard" exhibit.

A young male giraffe was born in May at the zoo. The giraffe was almost



Visitors watch an orangutan play in the Primate House.

six feet tall at birth. He and three other juvenile giraffes can be seen in the giraffe exhibit near the zoo's entrance.

Two Amur leopard cubs were born last week. Sean Anglum, public relations director for the zoo said the cubs won't be seen by the public until about Labor Day.

One of the attractions this summer is the Butterfly Experience, which will be open through Labor Day. The butterfly exhibit is open from 10 a.m. to 5 p.m. each day, and there is no additional charge. The Butterfly Experience is housed in a greenhouse-like structure near the Colobus Café and My Big Backyard. Visitors may sit on benches and watch 250 butterflies flit about the garden, occasionally landing on a visitor or a flower. An observation deck in the exhibit allows visitors to watch butterflies emerge from cocoons.

Two camels are also summer visitors, taking people on short rides for \$3 each. The camel rides are near the aquatics center.

"My Big Backyard," is a recent

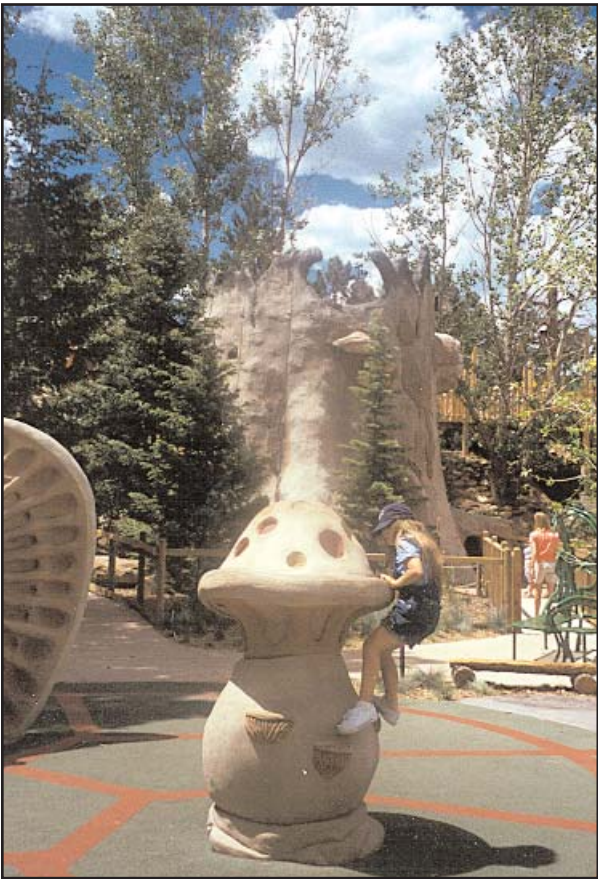
addition to the zoo. It's a family area right in the middle of the zoo which also has animals to pet. Using a nature-based theme, the playground has larger than life mushrooms and flowers. Oversize furniture and garden tools are in the yard. Giant flowers and blades of grass serve as art.

"Old Gnarly," a habitat tree, is in the backyard area. The tree is designed to teach the whole family about plants, insects and the environment. Visitors can walk through the tree.

But what about the animals? Cheyenne Mountain Zoo has a large collection of 500 animals — more than 150 species including several endangered species.

Outstanding exhibits at the zoo are Primate World, where baboons, orangutans and gorillas are housed. African lions are in Lion's Lair. Asian Highlands is home to Siberian tigers, red pandas and Amur leopards.

Wolf Woods is a natural habitat mountainside exhibit which is home to endangered Mexican gray wolves.



Climbing a giant mushroom in "My Big Backyard" can be fun.

Zoo

From Page 27

Primate World houses apes and gorillas. The Aquatics building houses Rock Hopper penguins and hippopotumuses. African elephants, bears, monkeys, birds, reptiles and North American cats are in the zoo.

But the large herd of giraffes are probably the most famous animals at Cheyenne Mountain Zoo. The resident herd of about 30 giraffes are the most prolific giraffe herd in captivity: 179 giraffes have been born at the zoo since 1954.

Presently construction is under way for the African Rift Valley, which should be completed in 2003. The African Rift Valley will be home to the giraffes and there will be a state-of-the art giraffe building. Antelopes, warthogs, vultures and zebras will also live in the valley. The valley is designed to have the barriers hidden so animals will seem to range freely as they might in Africa. The valley will have walking paths for visitors.

The giraffes are the only animals in the zoo which may be fed. Visitors may purchase crackers at the gate or near the giraffe house to feed to the herd. The giraffes have their own video camera — go online at www.cmzoo.org.

Cheyenne Mountain Zoo is one of the nation's top-rated zoos. It has half a million visitors each year. The zoo is unusual because of its mountain setting and high altitude. The zoo has been in operation since 1926 and is one of only five in the nation without local tax support. The zoo depends entirely on admissions, memberships, donations and grants for its funds.

Located near the Broadmoor Hotel, Cheyenne Mountain Zoo is 6,800 feet elevation at the entrance, 120 feet higher at Asian Highlands and it's a hilly climb in between. Tourists, people who are out of shape or have small children along usually opt to ride the Zoomobile. The closest stop to the entrance is by the giraffe house. The Zoomobile operates daily in summer about every 15 minutes. The fare is \$1 per person for all day. Riders may take the tram to the highest point and walk downhill to explore the zoo or ride the tram from stop to stop. The tram is both stroller and handicap accessible.

A 1925 Allan Herschell two-row portable carousel was first used in the 1932 World's Fair in Seattle, and has been in the Cheyenne Mountain Zoo since zoo founder Spencer Penrose purchased it in 1937. It is one of the last hand-carved carousels ever built.

The zoo's carousel was restored a few years ago and moved to its present location near

Colobus Café. Rides for the carousel are \$2. Proceeds go to feed the big cats in the zoo.

When its time for refreshments, the zoo has three snackbars.

Thundergod Snack and Gift Shop, which is at the entrance, serves breakfast, salads, sandwiches and other snacks. It also has a wide selection of zoo-themed gifts and souvenirs.

Mountain Outfitters has hot dogs, nachos, popcorn and ice cream, as well as soft drinks. It is open only in summer, as is Colobus Café. Colobus Café has air-conditioned indoor seating as well as a patio with umbrellas. The café specializes in burgers, fries, pizza and salads.

The zoo got its start as entrepreneur Penrose's private animal collection. Penrose owned the Broadmoor Hotel and kept some of his animals there, as well as at his Turkey Creek Ranch, which now belongs to Fort Carson. He had an elephant and an elk, later adding bears, coyotes, monkeys and other animals. He had the nation's largest private collection at the time he started the zoo.

The zoo is open every day of the year. Admission is \$10 for anyone between 12 to 64. Children between the ages of 3 to 11 are admitted for \$5; children 2 and under are admitted free. Zoo memberships are also available.

Higher up on Cheyenne Mountain is the Will Rogers Shrine. Built by Penrose in 1937, it honors humorist Will Rogers. A visit to the shrine is included in the zoo's admission. Drive to the entrance gate, show your receipt and drive the 1.4 miles to the shrine. Follow the road signs and watch out for the pedestrians in the zoo.

Zoo hours are 8 a.m. until 5 p.m. between Memorial Day and Labor Day, and from 9 a.m. until 5 p.m. the rest of the year. The ticket office closes an hour before zoo closing time.

Strollers may be rented at the gift shop near the entrance.

Cheyenne Mountain Zoo has several special activities, such as day camps during the summer, winter and spring school vacations, a preschool discovery program, and wild nights.

Birthday parties may be arranged. Call 633-9925, Ext. 127, to learn more.

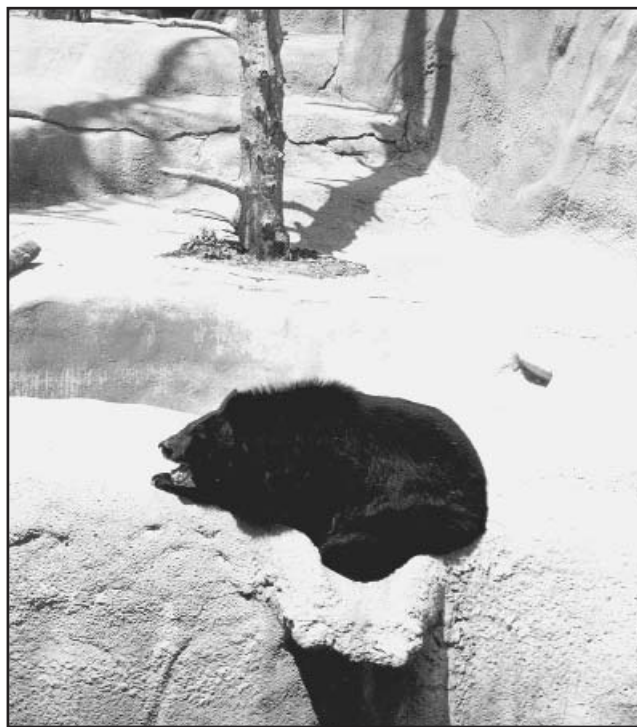
To reach the zoo from Fort Carson, take Interstate 25 to the Circle Drive exit. Take a left on Circle, heading west. Circle becomes Lake Avenue and ends in front of the Broadmoor Hotel. Or take Highway 115 north, fol-



Giant sunflowers and a carved gate mark the entrance to "My Big Backyard."



The Zoomobile discharges passengers at one of seven stops in the Cheyenne Mountain Zoo.



A black bear is one of 500 animals in the Cheyenne Mountain Zoo.

low the signs to the Broadmoor Hotel (Lake Avenue).

In front of the hotel, take a right, go around the hotel and follow signs to the zoo at 4250 Cheyenne Mountain Zoo Road.

Just the Facts

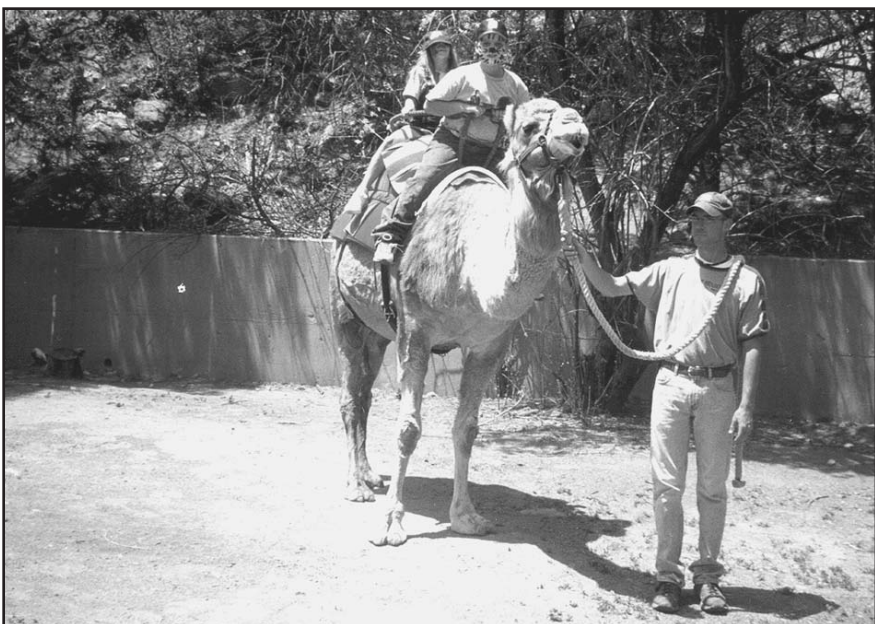
- **Travel time** 15 minutes
- **For ages** Families
- **Type** Zoo
- **Fun factor ★★★★★** (Out of 5 stars)
- **Wallet damage** \$\$ (plus food)

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$80

(Based on a family of four)



Camel rides are available at the zoo this summer.

Get Out!

American hero day at county fair

The El Paso County Fair continues through Sunday with a carnival, petting zoo and other traditional events. Saturday is American Heroes Day, when there's a \$1 discount for each group with a person in it who has a military ID. For information call (719) 520-7880 or go online at www.elpasoco.com. The fair is in Calhan, about 20 miles east of Colorado Springs on E. Highway 24.

General Palmer Day

Friends of Monument Valley Park celebrate **Gen. William Palmer Day** Wednesday with an old-fashioned picnic from 6 to 8 p.m. with free lemonade. Palmer is the city's founder and gave Monument Valley Park and other parks to the city. The picnic will be near the large pavilion by the swimming pool.

Bent's Fort encampment

Bent's Old Fort National Historic Site holds its annual **Santa Fe Trail Encampment** Friday through Sunday. Volunteers join park staff in recreating events from the summer of 1846 when the nation was at war with Mexico. Volunteers will portray trader caravans, adventurers and soldiers through demonstrations, crafts, storytelling and music. Visitors may join in some activities. Hours are 8 a.m. until 5:30 p.m., with an evening program Saturday, starting at 7 p.m. Entrance fees are \$3 for adults and \$2 for ages 6 to 12; free for anyone under 6. Bent's Fort is at 35110 Highway 194 East, near La Junta. Call (719) 383-5010 or 383-5023 for information.

Square dancing at the bridge

The Royal Gorge Bridge and Park announces the **Royal Gorge Promenaders** annual bridge dance is Saturday. For 27 years the group has danced at the bridge. Saturday's schedule includes line dancing at 1 p.m., square dancing at 2:30 p.m. and an Elvis impersonator at 3:30 p.m. Admission to the park and bridge is \$17 for adults and \$13 for children under 12. Entrance is free for children under 4. Admission

includes all rides and activities.

Rodeo parade

The annual **Pikes Peak or Bust Rodeo Parade** is downtown Aug. 3, beginning at 10 a.m. The parade is along Nevada Avenue and Tejon Street. The parade features floats, marching bands and lots of horses. There is no admission charge.

Melodrama

The summer schedule of "**The Spoilers**," presented by Cripple Creek Players, is presented in the Butte Opera House at 139 E. Bennett Ave., in Cripple Creek. Performances are Wednesdays, Thursdays, Fridays and Saturdays at 8 p.m., Matinees are on Saturdays and Sundays at 2 p.m. Tickets are \$6.50 for children and \$12.50 for adults. Call (719) 687-2513 for tickets or information.

Renaissance Festival

The last opportunity to attend the annual Colorado Renaissance Festival is Saturday and Sunday, from 10 a.m. to 6:30 p.m. The festival, near Larkspur, is between Colorado Springs and Castle Rock at Exit 172 off Interstate 25. Entrance is \$14.95 for adults, \$7 for ages 5 to 12.

Letters from the Front

An international professional touring troupe presents a free show at McMahon Theater July 31 at 7:30 p.m., "**Letters from the Front**." No tickets are required, admission is free.

Colorado State Fair

The **concert lineup** for the Colorado State Fair includes Lifehouse, Aug. 17; Chris LeDoux, Aug. 17; Carrot Top, Aug. 18; Charlie Daniels Band, Aug. 18; Creedence Clearwater Revisited, Aug. 22; Michelle Branch, Aug. 24; Rocking Roadhouse Tour, Aug. 24; Frankie Valli, Aug. 25; Toby Keith, Aug. 26; Ashanti, Aug. 27; The Statler Brothers, Aug. 28; Poison, Aug. 29; Kenny Chesney, Aug. 30; and The Three Amigos, Sept. 1. Ticket prices vary, but range from a low of \$11 to a high of \$31. The concerts are at the Events Center or in the Grandstand at the Colorado State Fair Grounds in Pueblo. Call Ticketmaster, 520-9090.

SpringAbout

Manitou Springs holds its annual **SpringAbout** for the sixth year. People should wear comfortable shoes, bring a cup, and gather at the Manitou Springs town clock at 9 a.m. on

Tuesdays or Saturdays. A guide takes guests on a tour and taste of the seven natural springs. It's free, call 685-5089.

Rodeo is coming

The Pikes Peak or Bust Rodeo runs Aug. 7 to 11, in the Colorado Springs World Arena and Aug. 9 is Fort Carson night. Tickets for groups in reserved sections for Fort Carson night are available for \$13 at Information, Tickets and Registration at the Outdoor Recreation Complex. ITR also has general public seating tickets available for \$9 and \$25 each. Call ITR at 526-8325 for information.

Racing

Pikes Peak International Raceway's next race is the **NASCAR Colorado 250 Busch Series** Grand National Division Race Saturday, which is followed by Comedian Jeff Foxworthy after the race's end. Tickets are half price for military ID card holders. Buy tickets at Information, Tickets and Registration or at the PPIR ticket office.

Soldier Show

Army Soldier Show is at McMahon Theater Aug. 12 and 13. All shows are free but tickets are required. Shows are at 7:30 p.m. Aug. 12 and 13, and 2:30 p.m. Aug. 13. Tickets are available at the Information, Tickets and Registration office at the Outdoor Recreation Complex.

New exhibit at Pioneers Museum

Pioneers Museum has a new exhibit featuring **unusual items**. Called "A Piece of the True Cross, Relics and Oddities from the Museum Collection," such items as a fragment of Martha Washington's wedding dress, George Washington's rum bottle and a wood fragment which is a piece of the cabin where Abraham Lincoln was born, are displayed. The exhibit will be in the museum through December. The museum also has a new exhibit of Winchester lever-action rifles. Pioneers Museum is free and is open from 10 a.m. until 5 p.m. Tuesday through Saturday and Sunday from 1 to 5 p.m.

Dinner playhouse

Castaways Elite Dinner Playhouse Theater opened a new **melodrama** Friday, called "Unhand Her, You Villain," followed by "Not My Cup of Tea." A gourmet buffet and show cost \$35 for adults, \$17 for children. The show only is \$20 and \$10. Dinner theater is Friday and Saturday. Call 685-3700.

Happenings

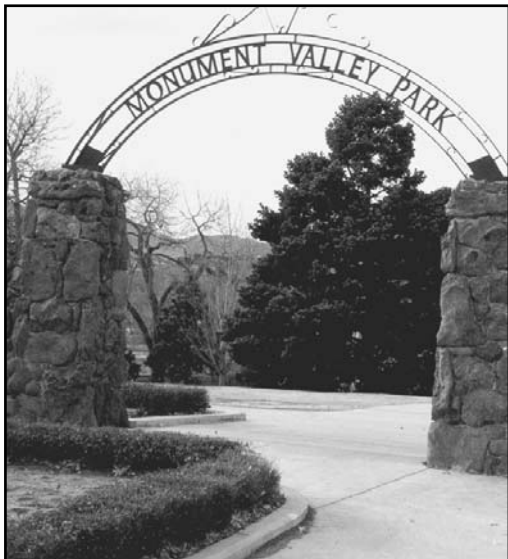


Photo by Nel Lampe

Gen. Palmer Day ...

Help celebrate Gen. Palmer Day Wednesday with an old-fashioned picnic at 6 p.m. in Monument Valley Park. The park runs along Interstate 25, beginning at Bijou Street, and was a gift from Palmer.



Program Schedule for Fort Carson cable Channel 10, today to Aug. 2.

Mountain Post Magazine: stories on soldiers, civilians and family members of the Mountain Post. Airls at 7 a.m., 10 a.m., noon, 3 p.m., 7 p.m. and midnight.

Army Newswatch: includes stories on Fort Carson support to Colorado fires, officer assignment sheet and World Class Athletes in People Magazine. Airls at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: includes stories on the Sailors of the Year, the Navy League and PET scanners. Airls at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: includes stories on the Colorado, California and North Carolina wild fires (repeat). Airls at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at

CommandInfo@carson.army.mil.

Program times will be published in the Mountaineer provided coordination is made one week prior to publication.

If you have ideas for Mountain Post Magazine, please phone 526-1253 or e-mail MountainPostMagazine@carson.army.mil.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before airing time.